



Highlights 2023: Hepatologie

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Klinik für Gastroenterologie und Hepatologie

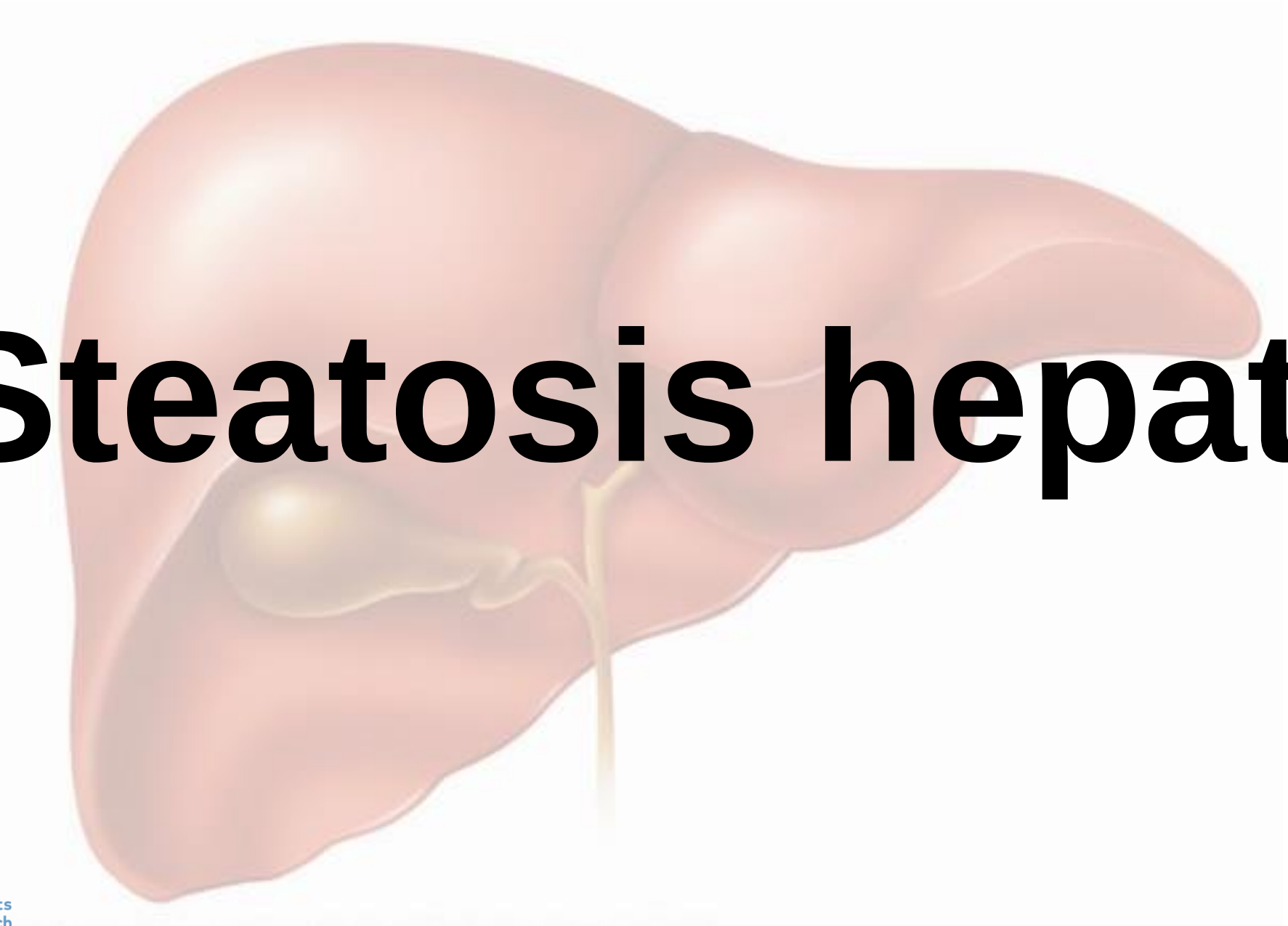
UniversitätsSpital Zürich

Gastro Highlights 2023, Wien – 9. Dezember 2023

Potentielle Interessenskonflikte

Subjektive Auswahl an Publikationen aus 2023

- Consultant / Advisor: Abbvie, Advanz, Alentis, AlphaSigma, AstraZenca, Avior, Bayer, CymaBay, Eisai, Escient, Falk, FMC, Gilead, GSK, Guidepoint, Intercept, Mirum, Medscape, MSD, Myr, Roche, Viofor
- Speaker: Abbvie, Advanz, AOP Orphan, Bayer, BMS, CMS, CymaBay, Falk, Gilead, GSK, Intercept, Newbridge, Novartis, Lilly, Mirum, MSD, Roche, Zambon
- Clinical Studies: Bayer, BMS, CymaBay, Eli Lilly, Falk, Genkyotex, Gilead, GSK, Intercept, Lilly, Mirum, MSD, NGM, Novartis, Pliant
- Unrestricted grants: Gilead, Intercept

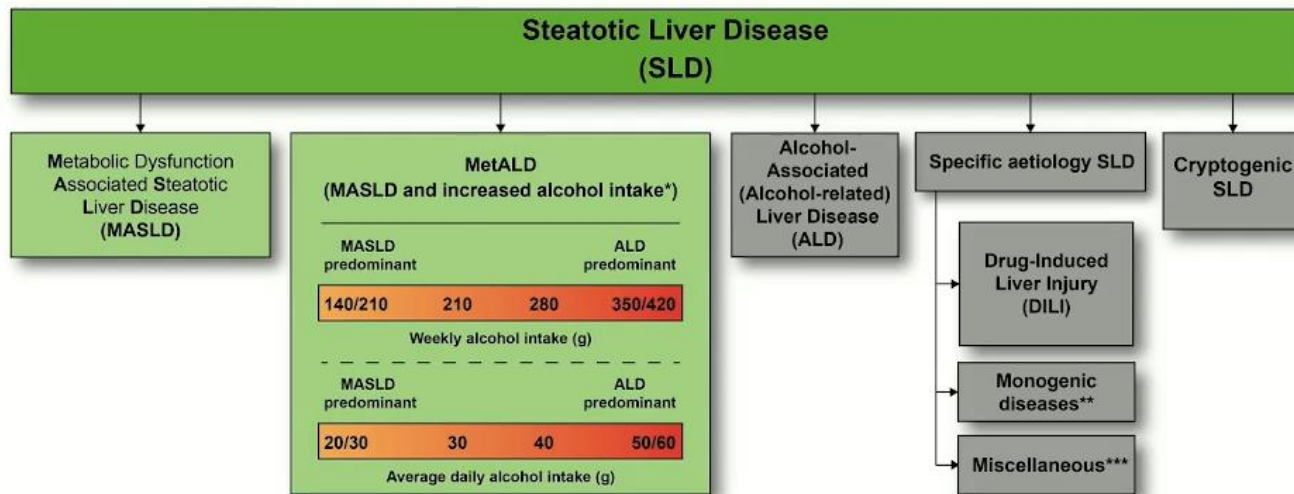


Steatosis hepatitis

Keine NASH / NAFLD / MAFLD mehr!

Neue Nomenklatur: Steatotische Lebererkrankungen (SLD)

Consensus nomenclature



*Weekly intake 140-350g female, 210-420g male (average daily 20-50g female, 30-60g male)

**e.g. Lysosomal Acid Lipase Deficiency (LALD), Wilson disease, hypobetalipoproteinemia, inborn errors of metabolism

***e.g. Hepatitis C virus (HCV), malnutrition, celiac disease



easlcongress.eu

#EASLCongress

Neue Klassifikation steatotischer Lebererkrankungen

MASLD – Metabolic Dysfunction Associated Steatotic Liver Disease:

Metabolic

Dysfunction

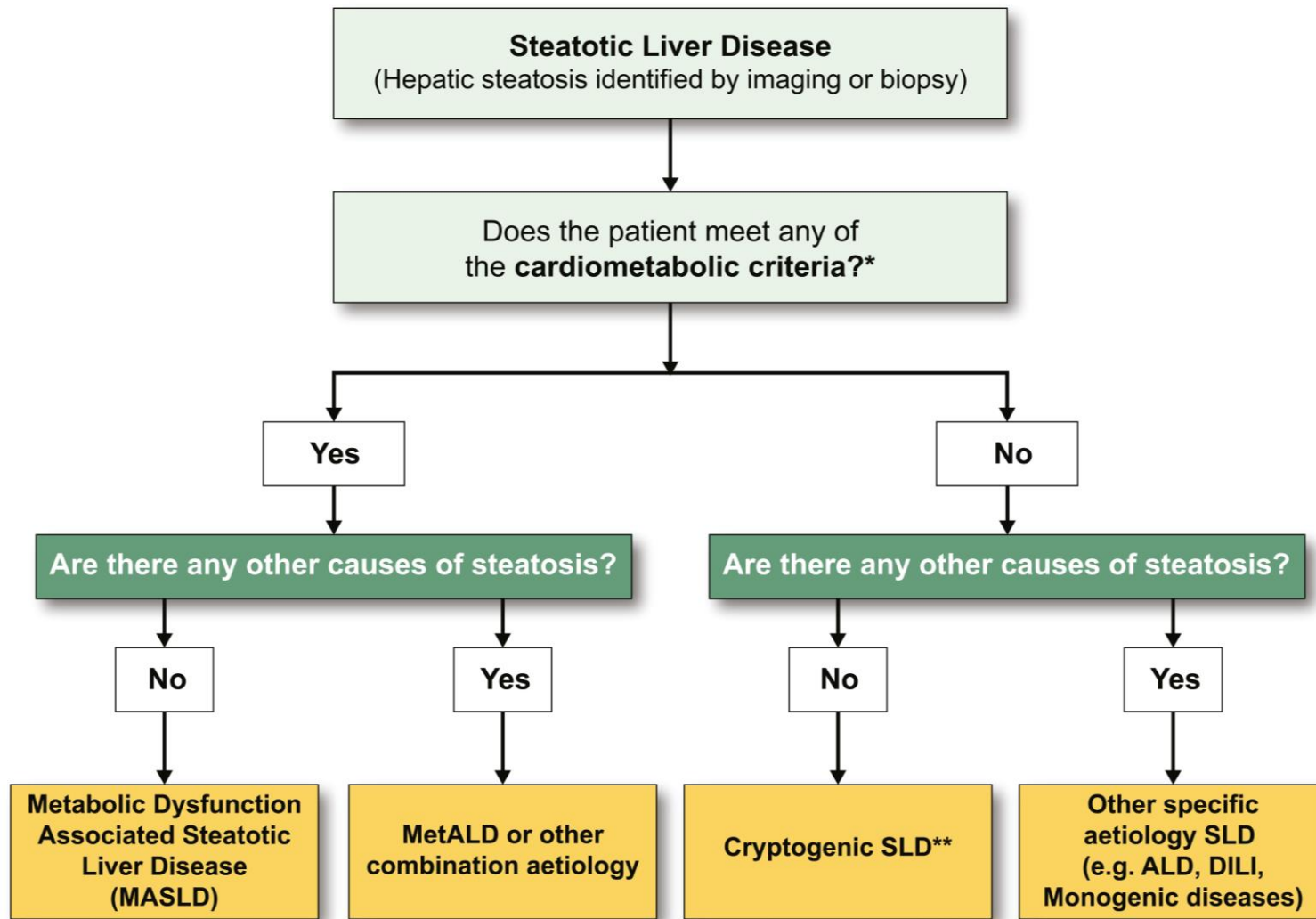
Associated

Steatotic

Liver

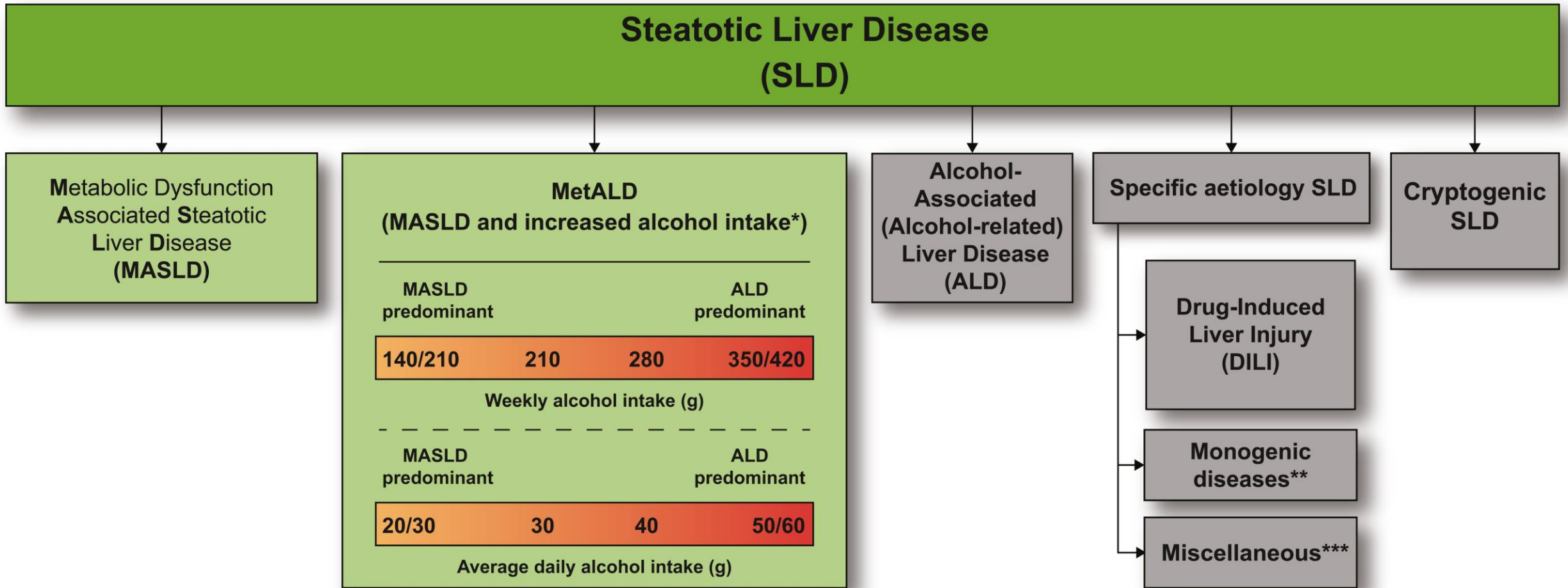
Disease

MASLD – diagnostische Kriterien



Cardiometabolic Criteria for **Adults** (at least 1 out of 5):

- ☐ BMI $\geq 25 \text{ kg/m}^2$ (23 Asia) or waist circumference **94 cm** (m) 80 cm (f) or ethnicity adjusted
- ☐ Fasting serum glucose $\geq 5.6 \text{ mmol/L}$ or 2h post-load glucose level $\geq 7.8 \text{ mmol/L}$ or HbA1c $\geq 5.7\%$ or type 2 DM or treatment for **type 2 DM**
- ☐ Blood pressure $\geq 130/85 \text{ mmHg}$ or specific antihypertensive drug treatment
- ☐ Plasma triglycerides $\geq 1.70 \text{ mmol/L}$ or lipid lowering treatment
- ☐ Plasma HDL cholesterol $\leq 1.0 \text{ mmol/L}$ (m) and $\leq 1.3 \text{ mmol/L}$ (f) or lipid lowering treatment

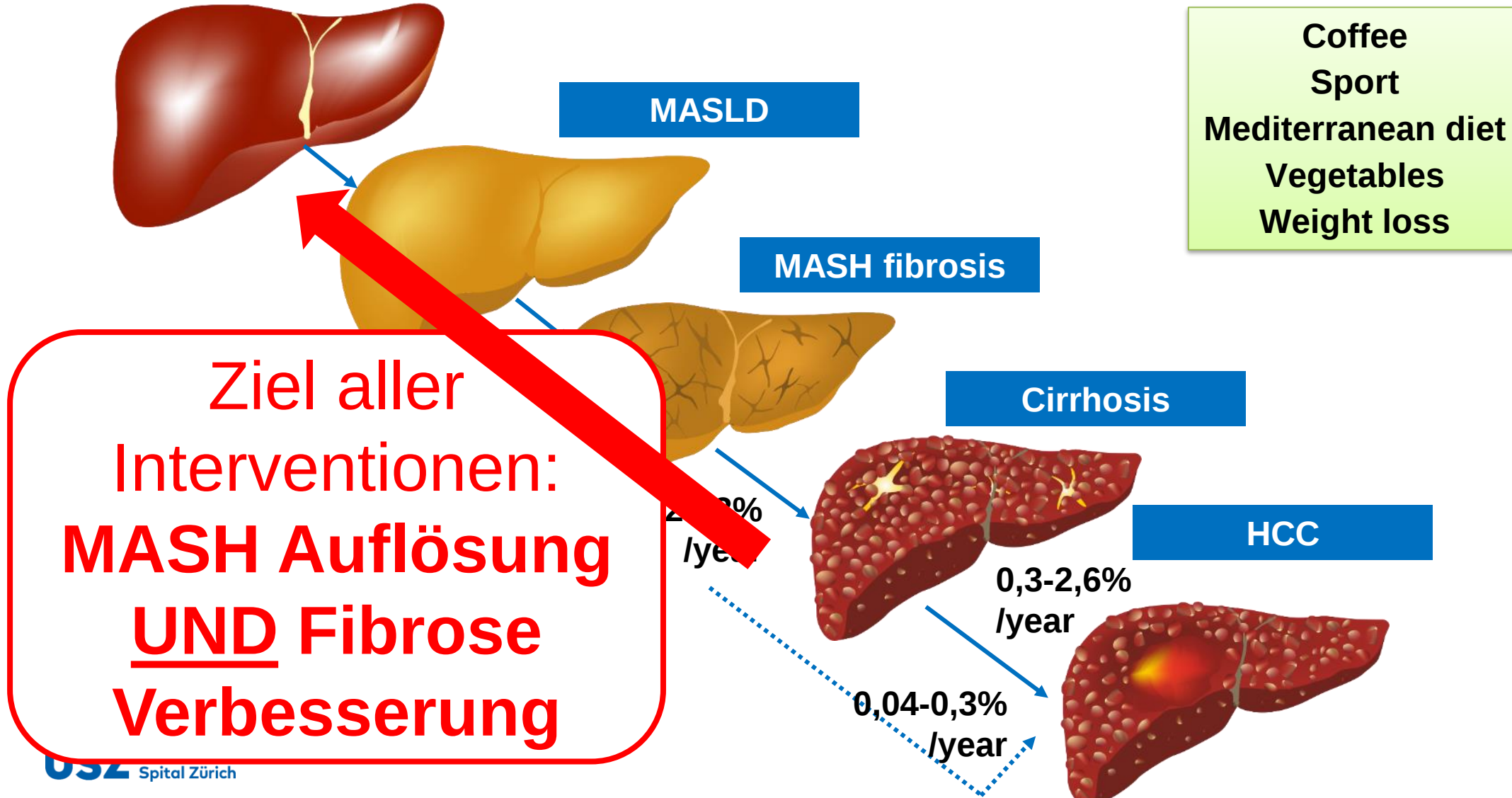


*Weekly intake 140-350g female, 210-420g male (average daily 20-50g female, 30-60g male)

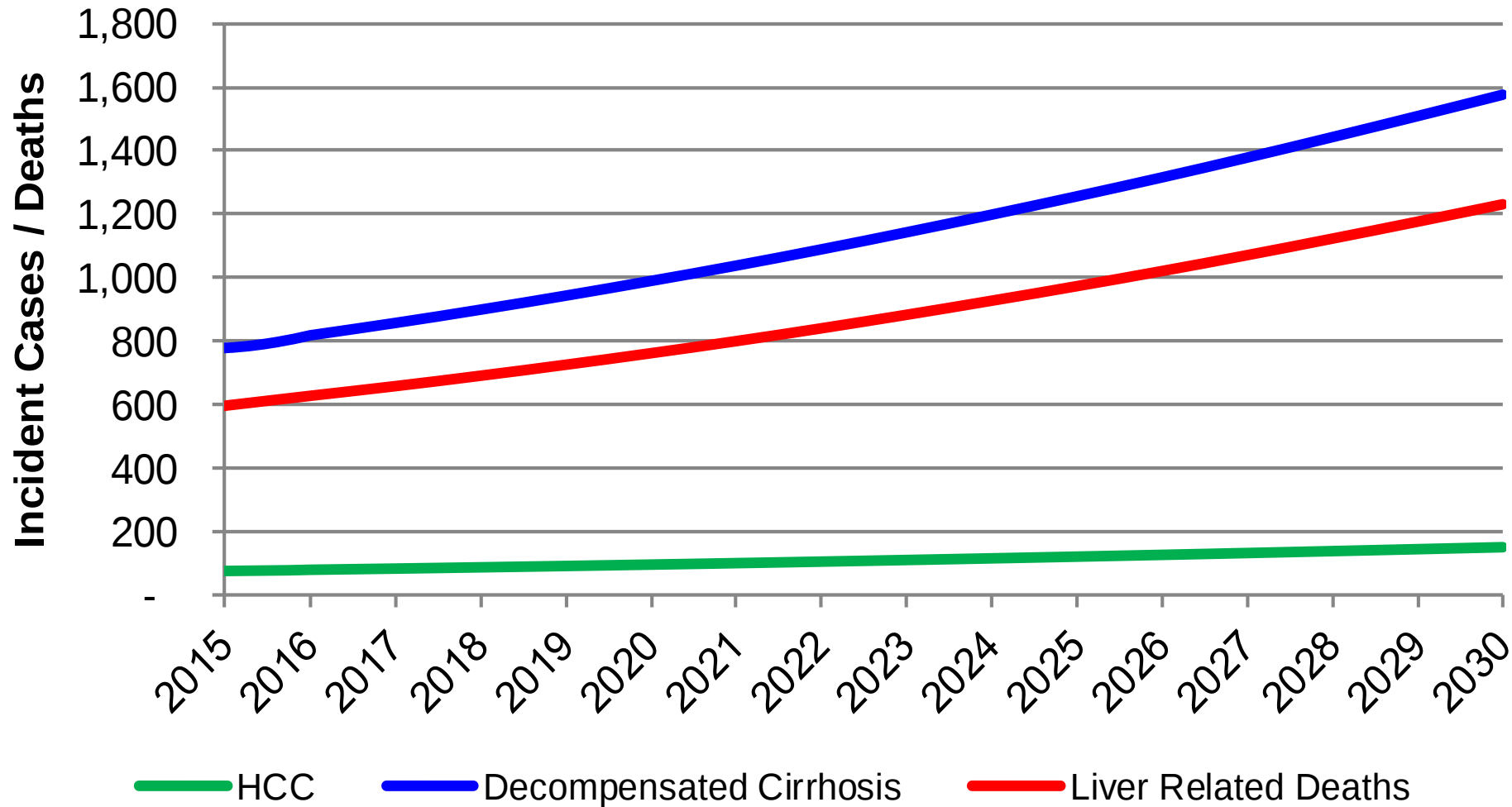
**e.g. Lysosomal Acid Lipase Deficiency (LALD), Wilson disease, hypobetalipoproteinemia, inborn errors of metabolism

***e.g. Hepatitis C virus (HCV), malnutrition, celiac disease

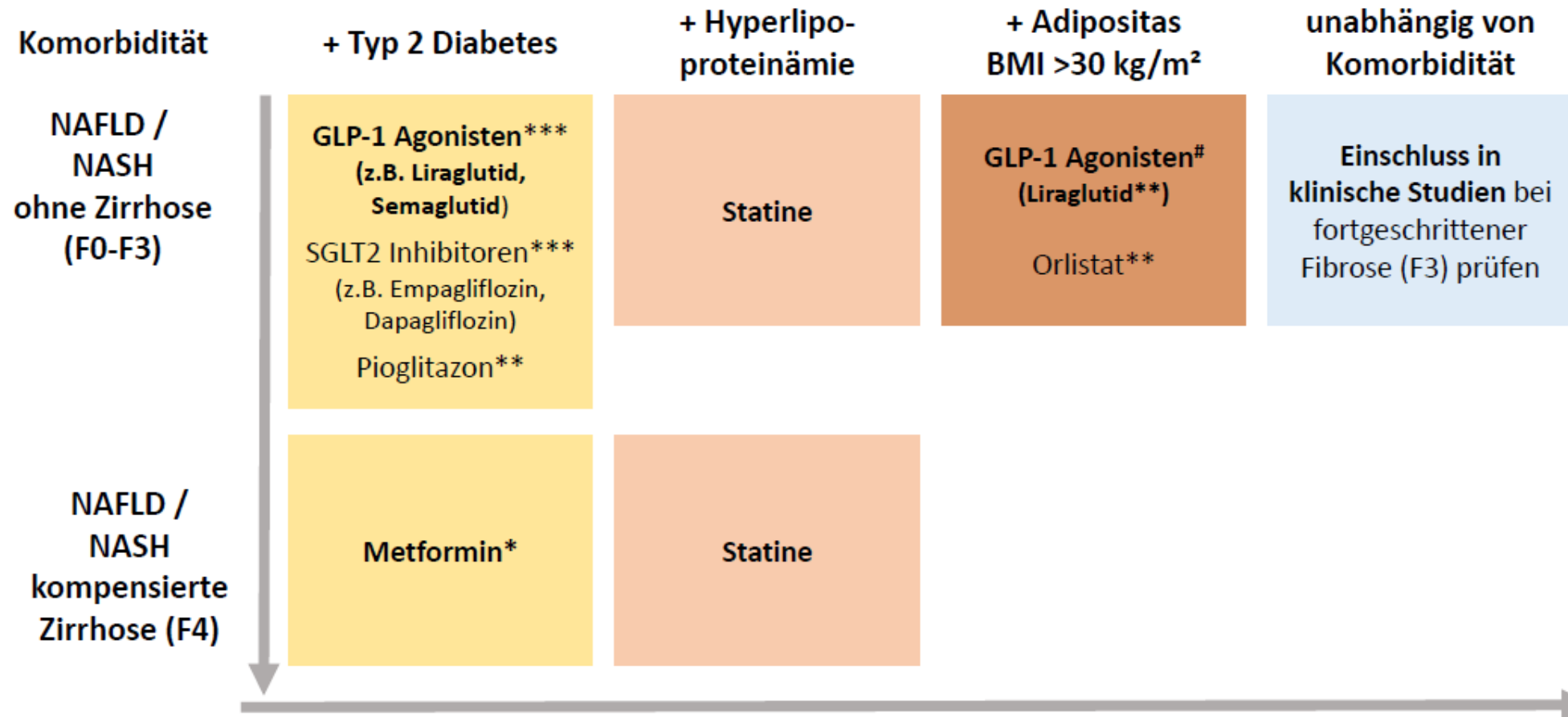
Natürlicher Verlauf der MASLD



Erwartete Komplikationen der MASLD in der Schweiz



Medikamentöse Behandlung der MASLD – S2k-Leitlinie

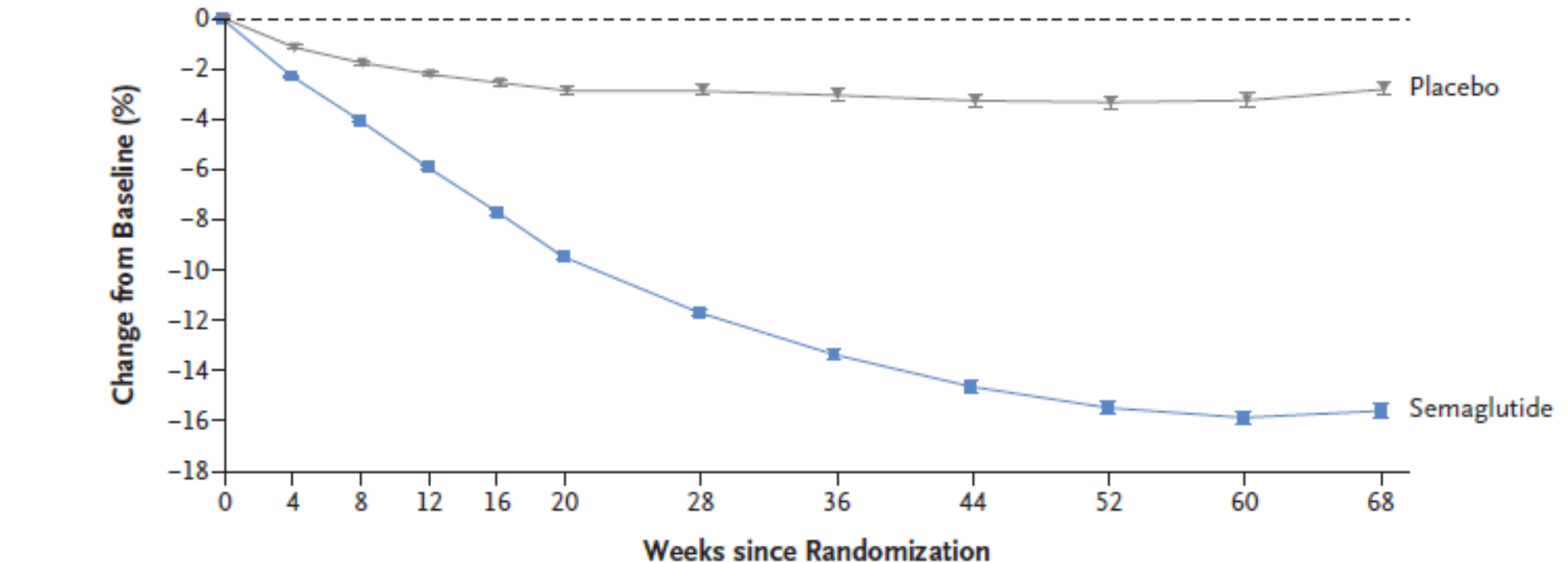


*sofern GFR > 30ml/min; **derzeit nicht erstattungsfähig in der gesetzlichen Krankenversicherung;

***Zulassung in Kombination mit Metformin; #bislang liegt hier nur eine Zulassung für Liraglutid vor

Semaglutid induziert starken Gewichtsverlust bei Adipositas (N = 1961; mittlerer BMI: 37.8 kg/m²)

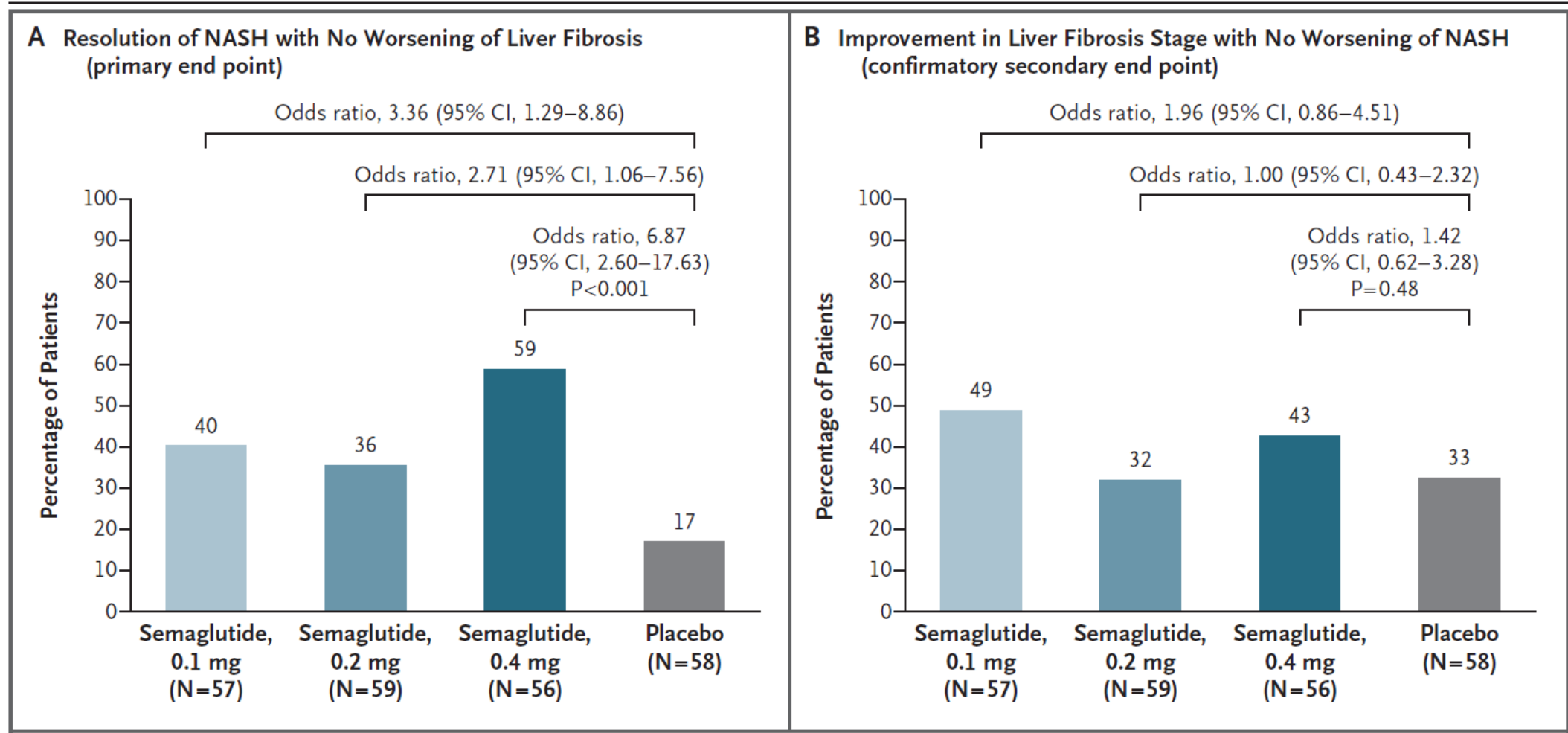
A Body Weight Change from Baseline by Week, Observed In-Trial Data



No. at Risk

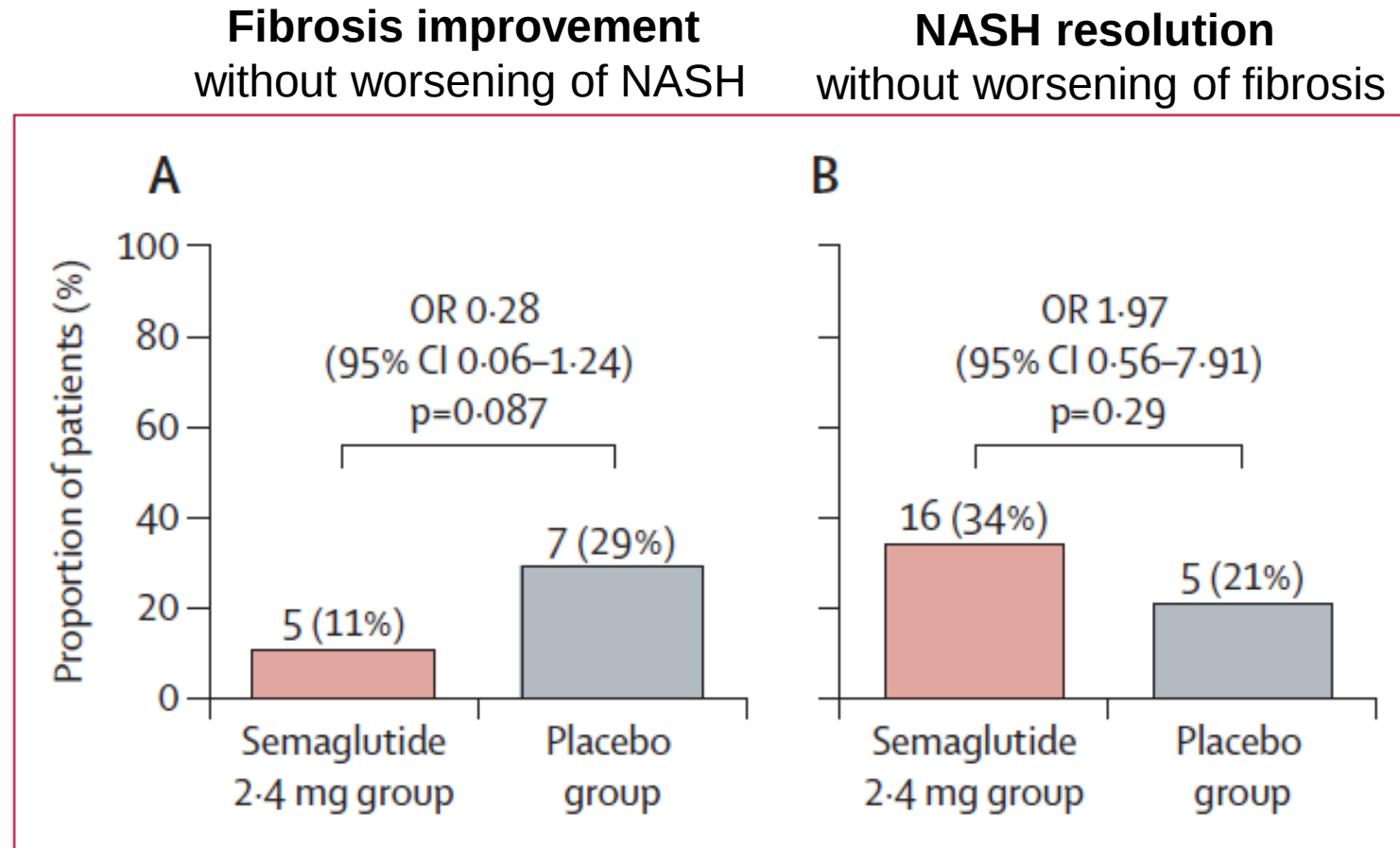
Placebo	655	649	641	619	615	603	592	571	554	549	540	577
Semaglutide	1306	1290	1281	1262	1252	1248	1232	1228	1207	1203	1190	1212

Semaglutid in nicht-zirrhosischer MASLD



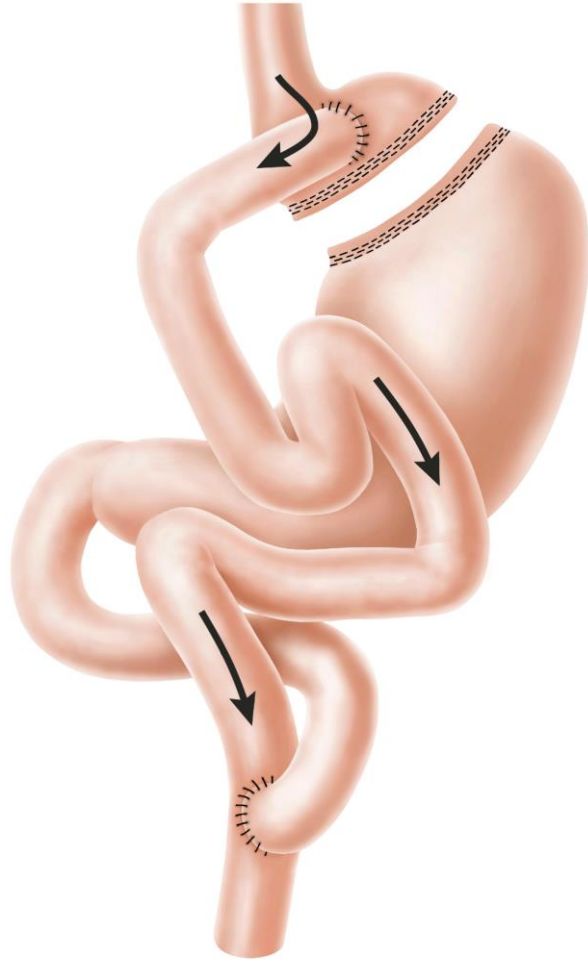
Semaglutid bei MASLD Zirrhose ?

- N=71; BMI > 27 mg/kg²; Start 0.25 mg; Steigerung bis 2.4 mg/Wo -

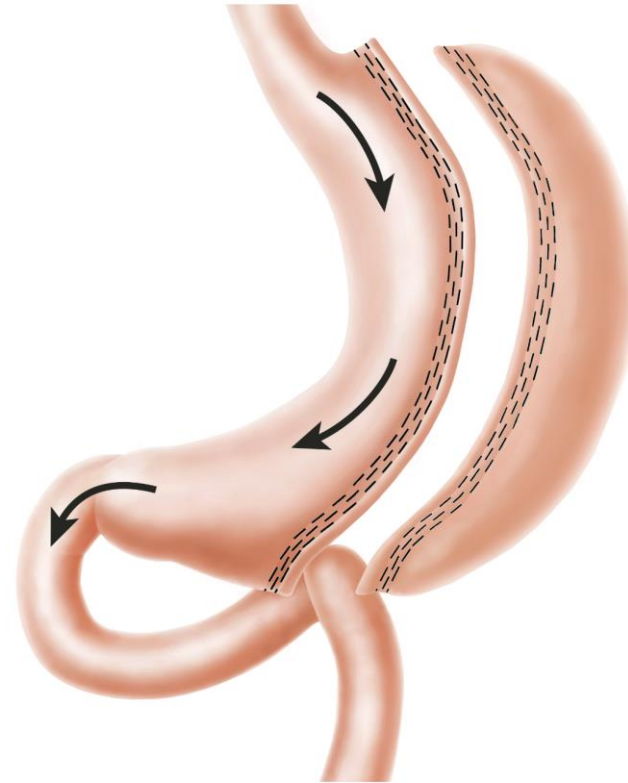


Gewichtsreduktion: 8.7 kg; Verbesserung kardio-metabolischer Parameter
Keine Sicherheitsbedenken

Bariatrische Chirurgie bei MASLD



Roux-en-Y Gastric Bypass

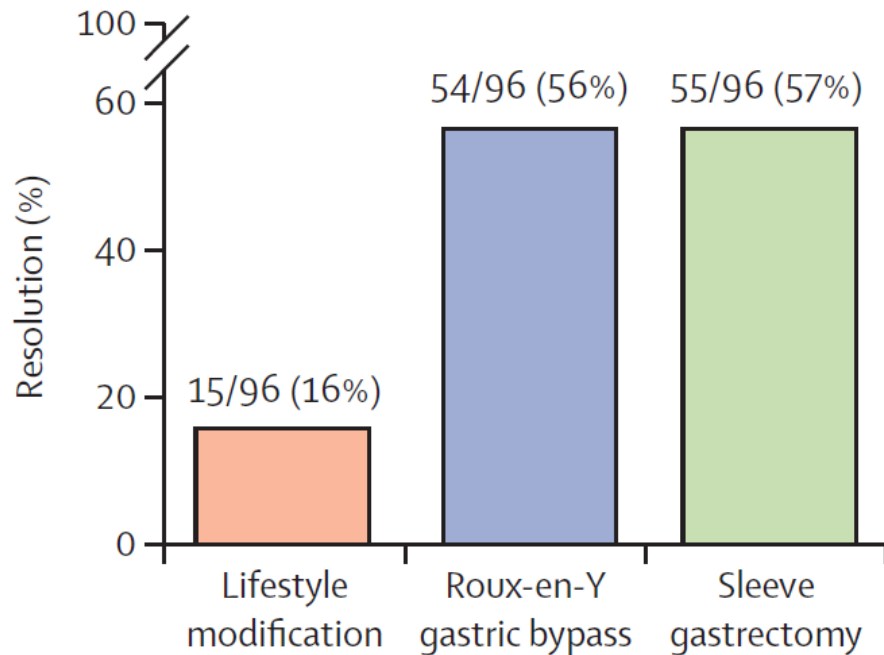


Sleeve Gastrectomy

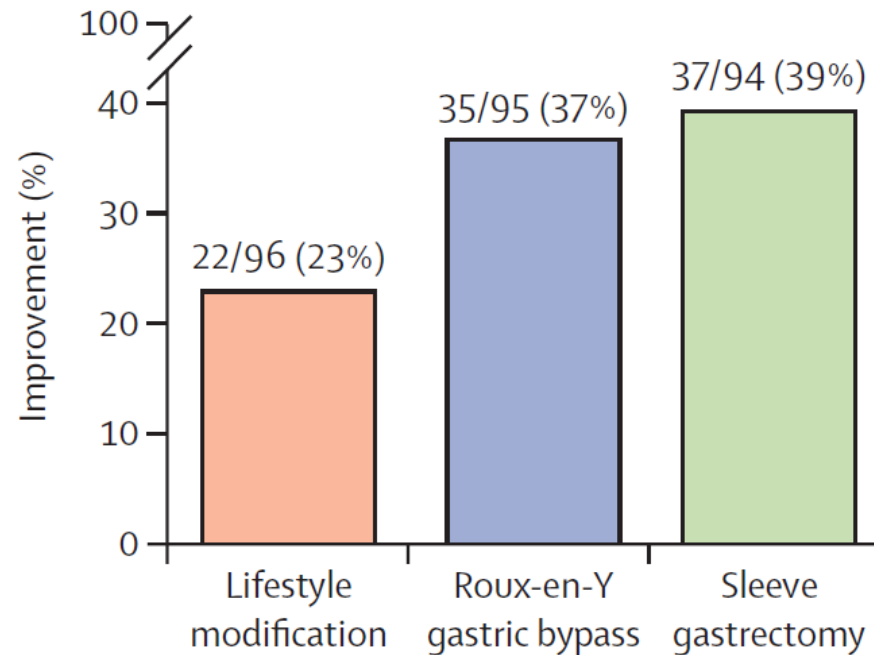
Bariatrische Chirurgie versus Lifestyle-Intervention

- Open-label, randomisierte Studie (N=288); BMI: 42 kg/m² -

A NASH resolution without worsening of fibrosis (ITT population)



B Improvement of at least one stage of liver fibrosis without worsening of NASH (ITT population)



**Lifestyle inkl.
Liraglutid und
Pioglitazon**

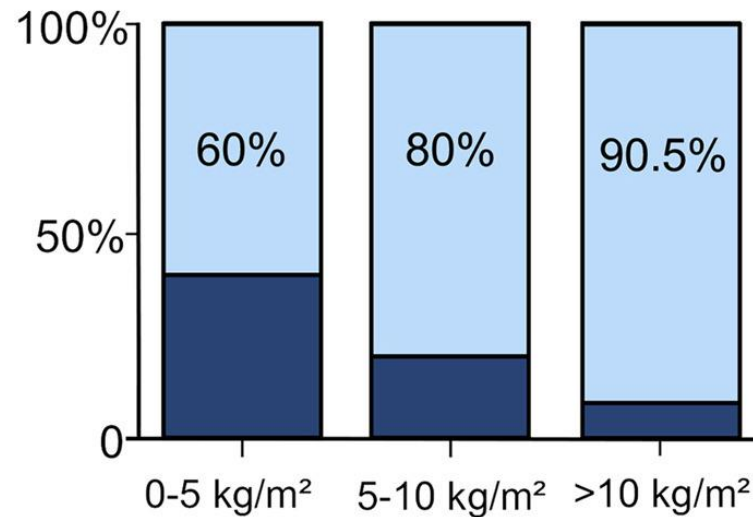
SAE in 6% nach bariatrischer Chirurgie!

Bariatrische Chirurgie verbessert nicht MASLD-Zirrhose

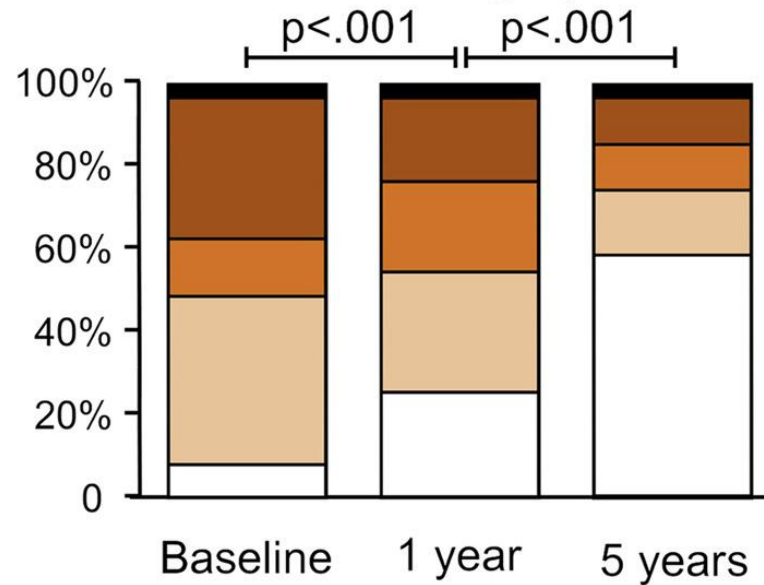
N=196: advanced MASH

- Age: 51 ± 9 ; 62% female; Mean weight: 130 ± 24 kg; Diabetes: 89%
- bariatric surgery: Roux-en-Y / Sleeve = 4 : 1

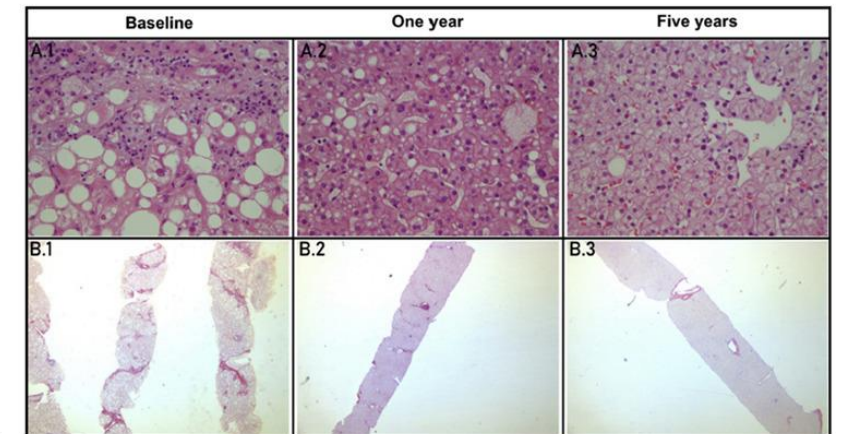
Resolution of NASH according to weight loss



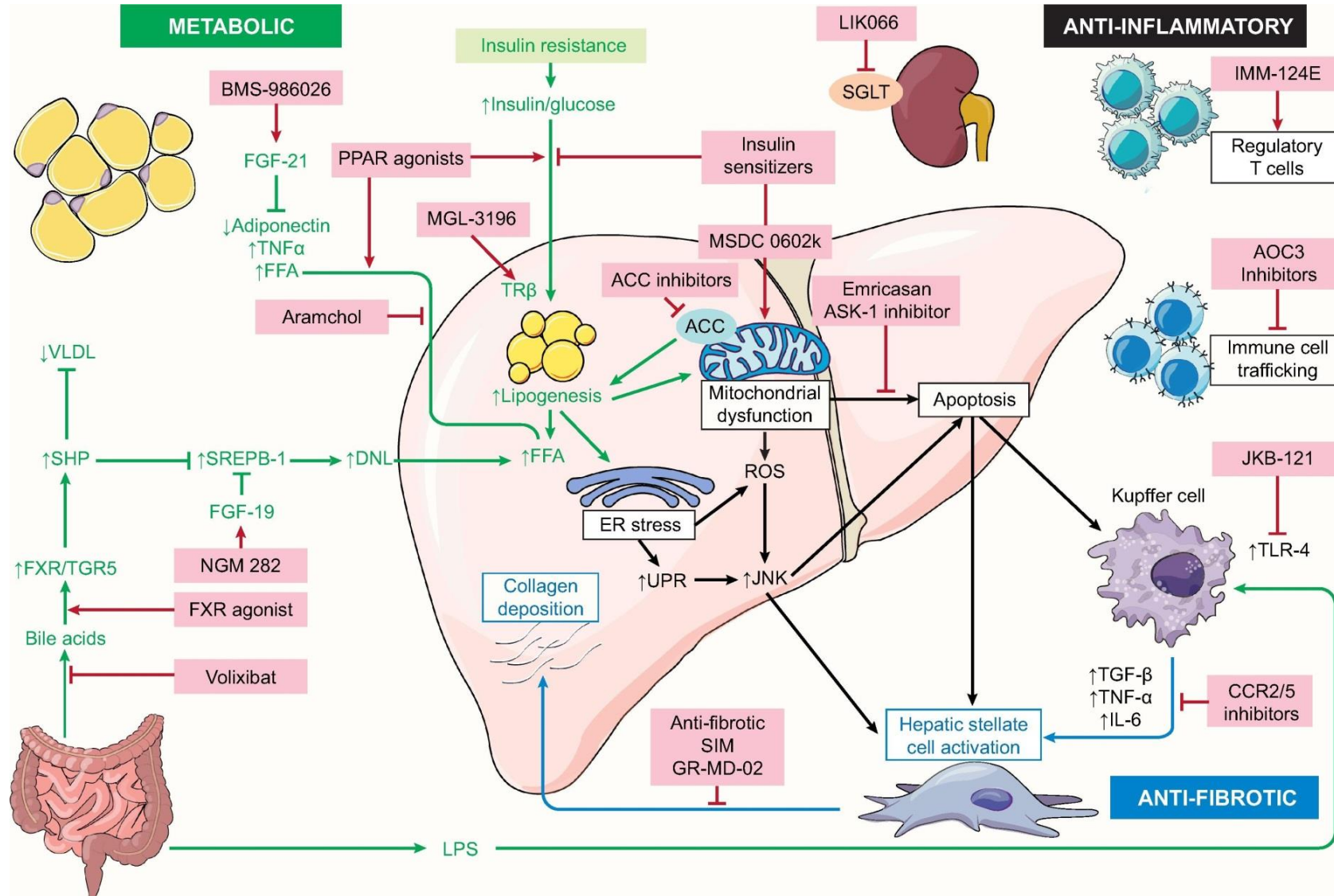
Evolution of Fibrosis after Bariatric Surgery



Histological Evolution of NASH and Fibrosis after Bariatric Surgery



Aktuell untersuchte pharmakologische Interventionen in MASLD



Resmetriom – selektiver Thyroid Receptor beta-Agonist

nature medicine



Article

<https://doi.org/10.1038/s41591-023-02603-1>

Resmetirom for nonalcoholic fatty liver disease: a randomized, double-blind, placebo-controlled phase 3 trial

Received: 6 March 2023

Accepted: 20 September 2023

Published online: 16 October 2023

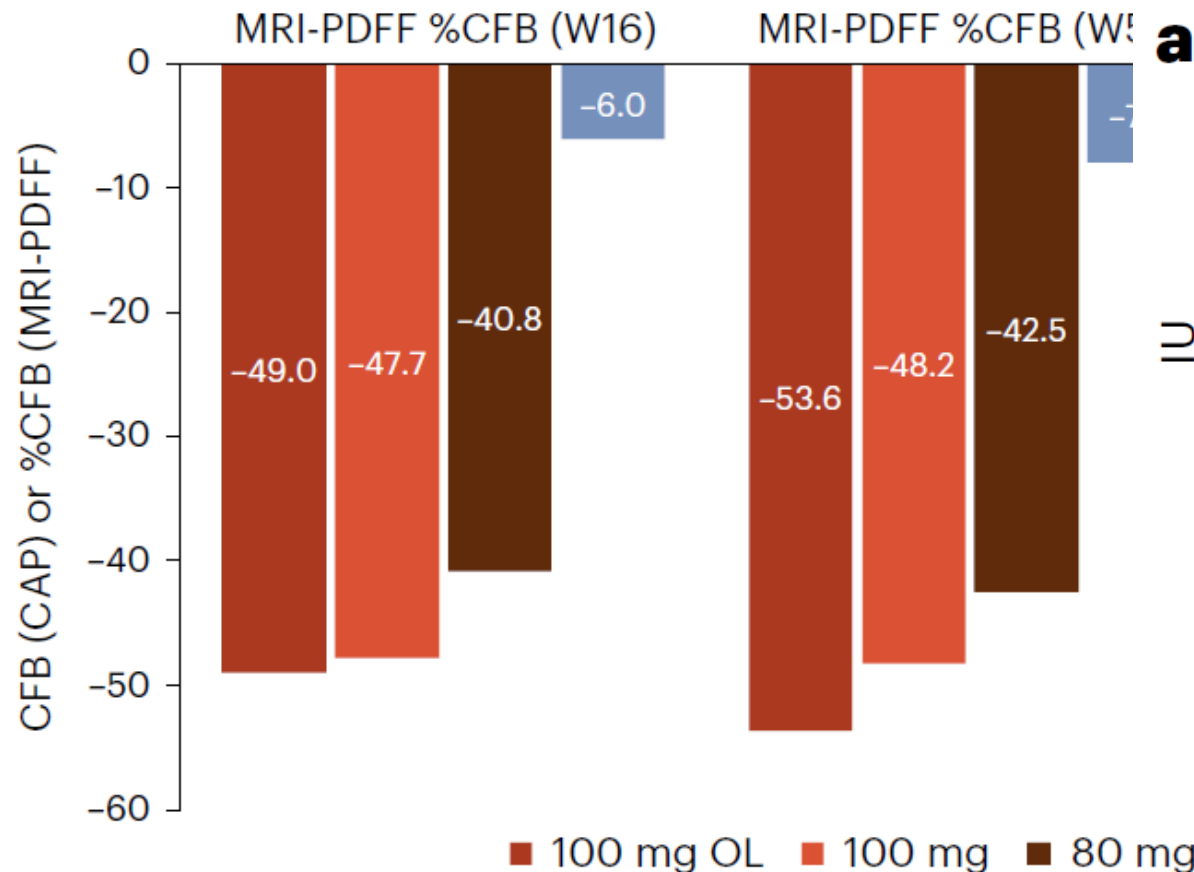
Stephen A. Harrison ¹✉, Rebecca Taub², Guy W. Neff³, K. Jean Lucas⁴,
Dominic Labriola², Sam E. Moussa⁵, Naim Alkhouri⁶ & Mustafa R. Bashir⁷

Nonalcoholic steatohepatitis (NASH) is a progressive liver disease with

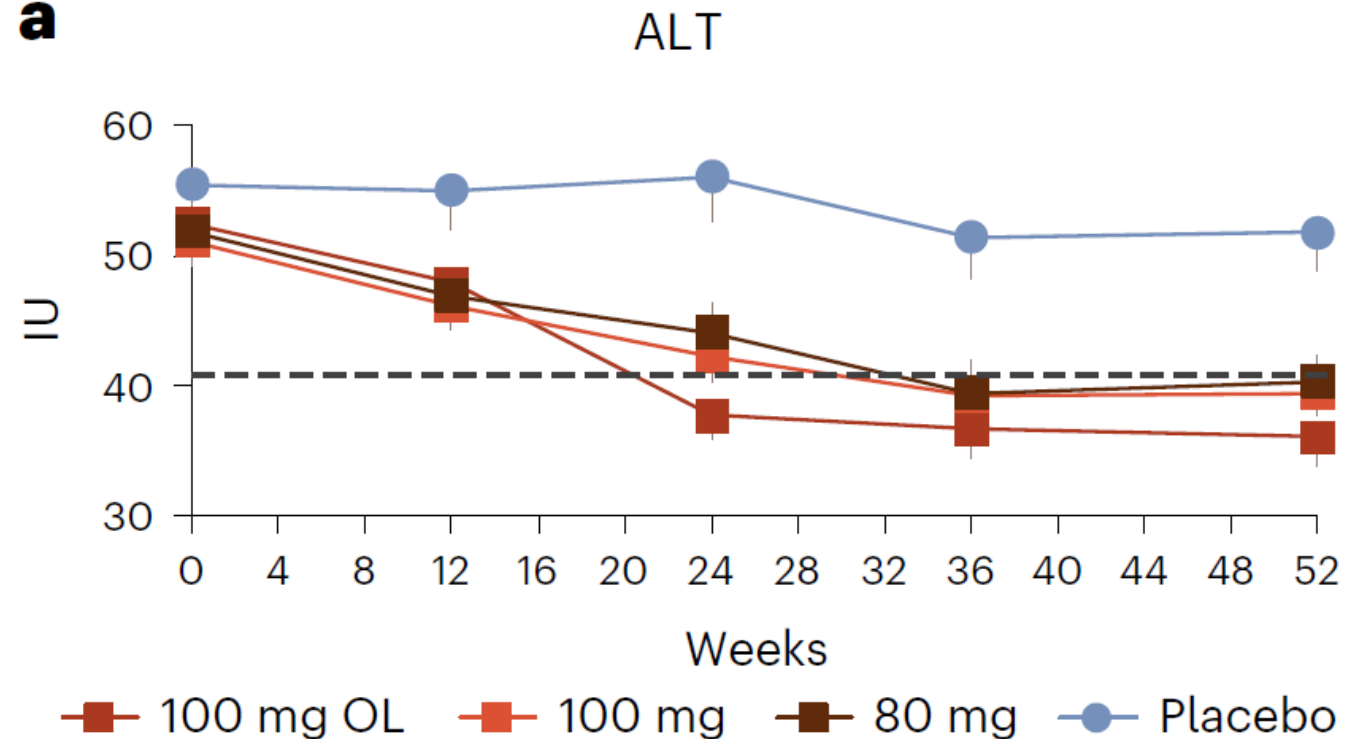
Thyroid Rezeptor beta-Agonist Resmetriom in MASLD

- Phase III-Studie (N=972), BMI: 36 kg/m²; 66% Typ 2 DM -

Reduktion der Leberfettgehaltes



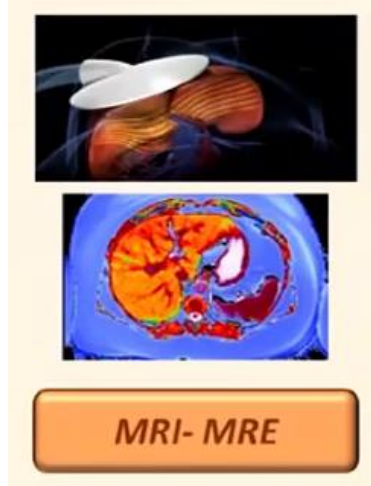
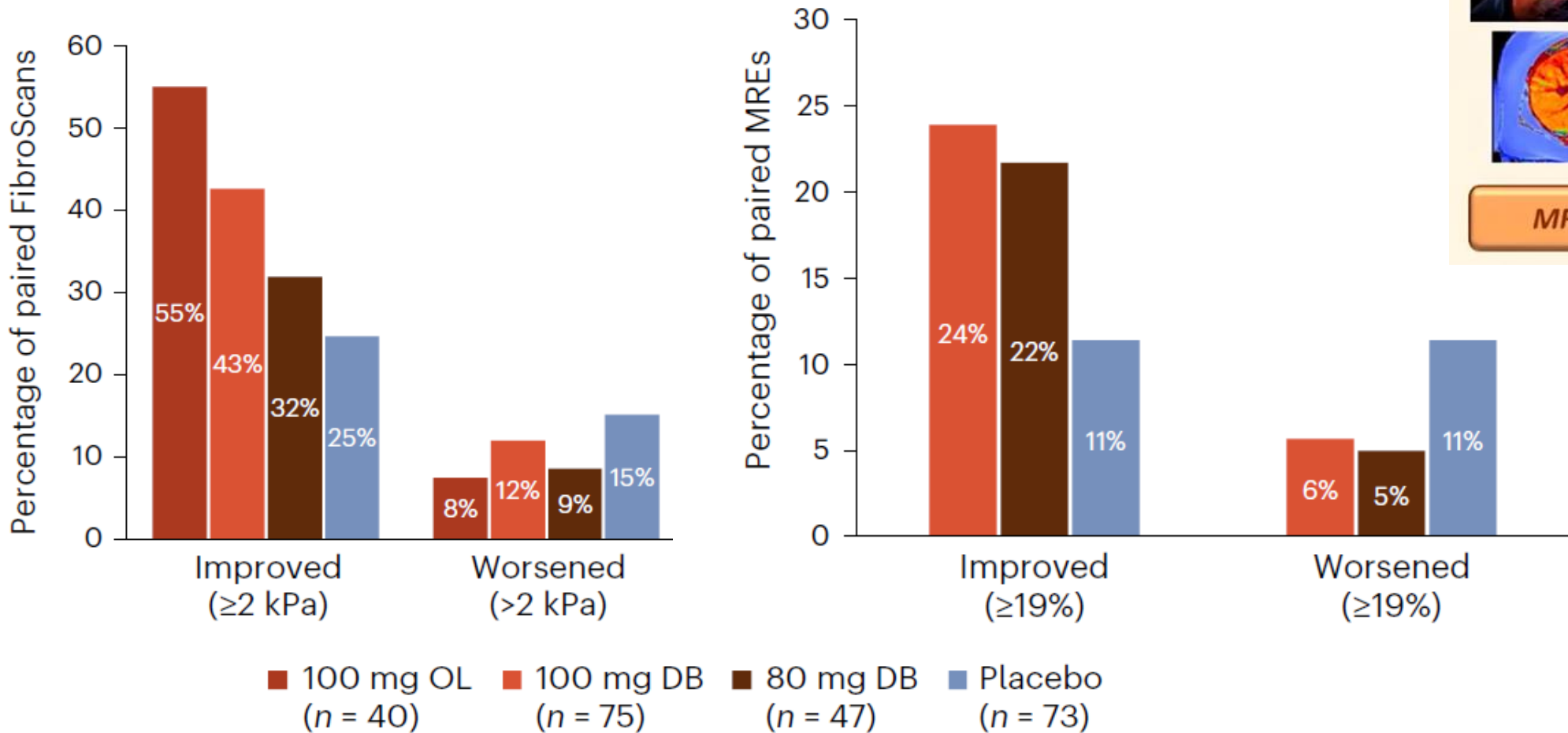
Reduktion der Inflammation



Thyroid Receptor beta-Agonist Resmetriom in MASLD

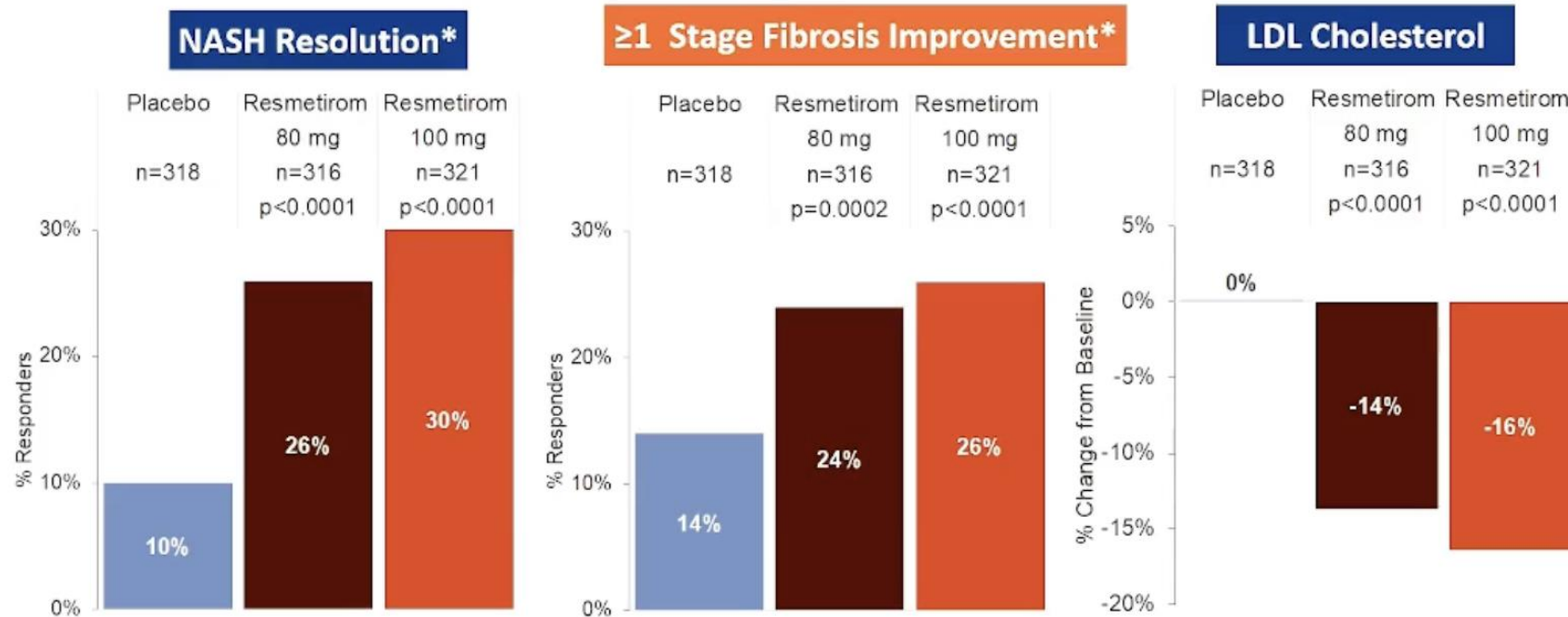
- Phase III-Studie (N=972), BMI: 36 kg/m²; 66% Typ 2 DM -

Reduktion der Fibrose



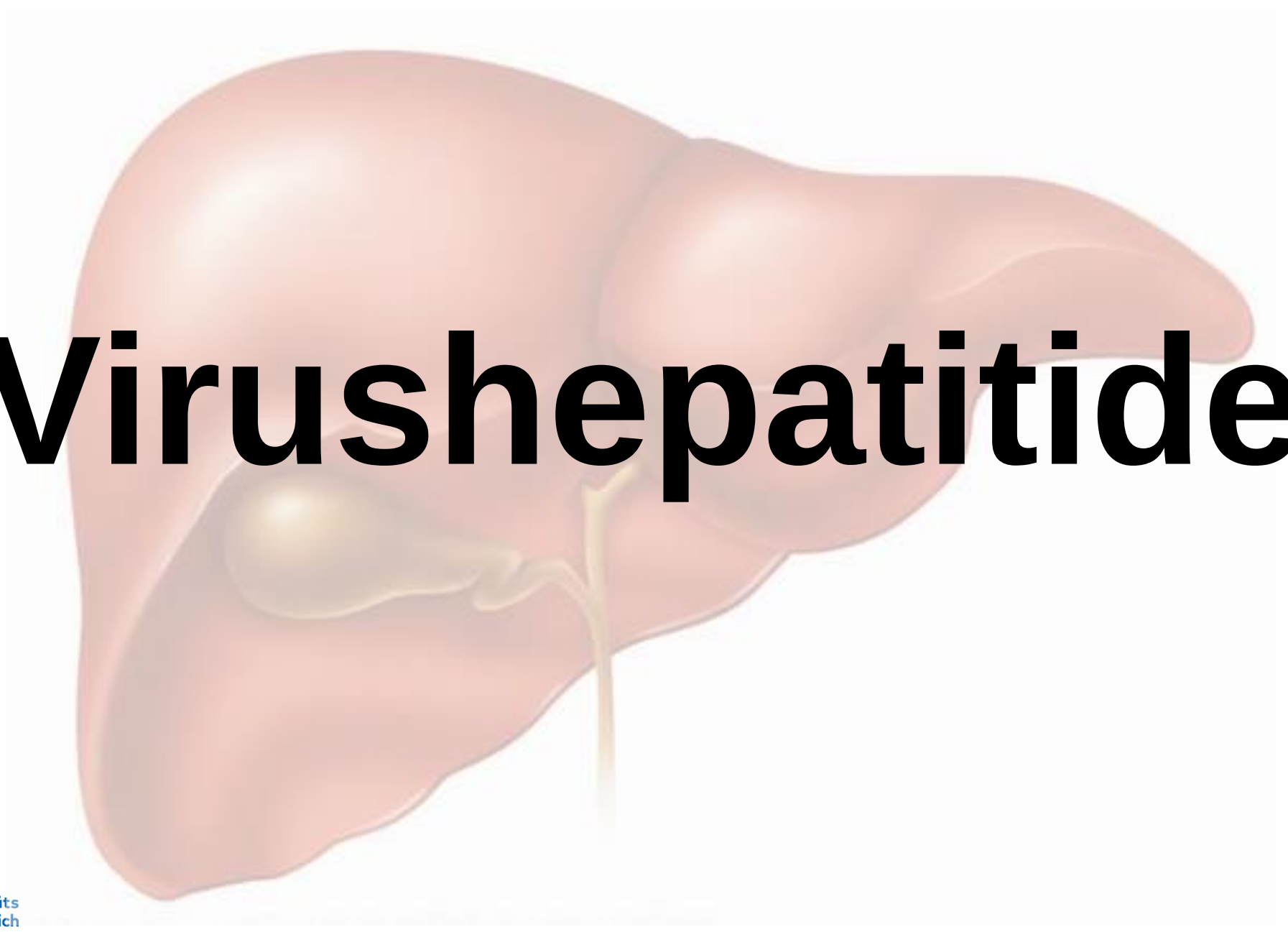
Thyroid Receptor beta-Agonist Resmetriom in MASLD

- Phase III-Studie (N=972), BMI: 36 kg/m²; 66% Typ 2 DM -

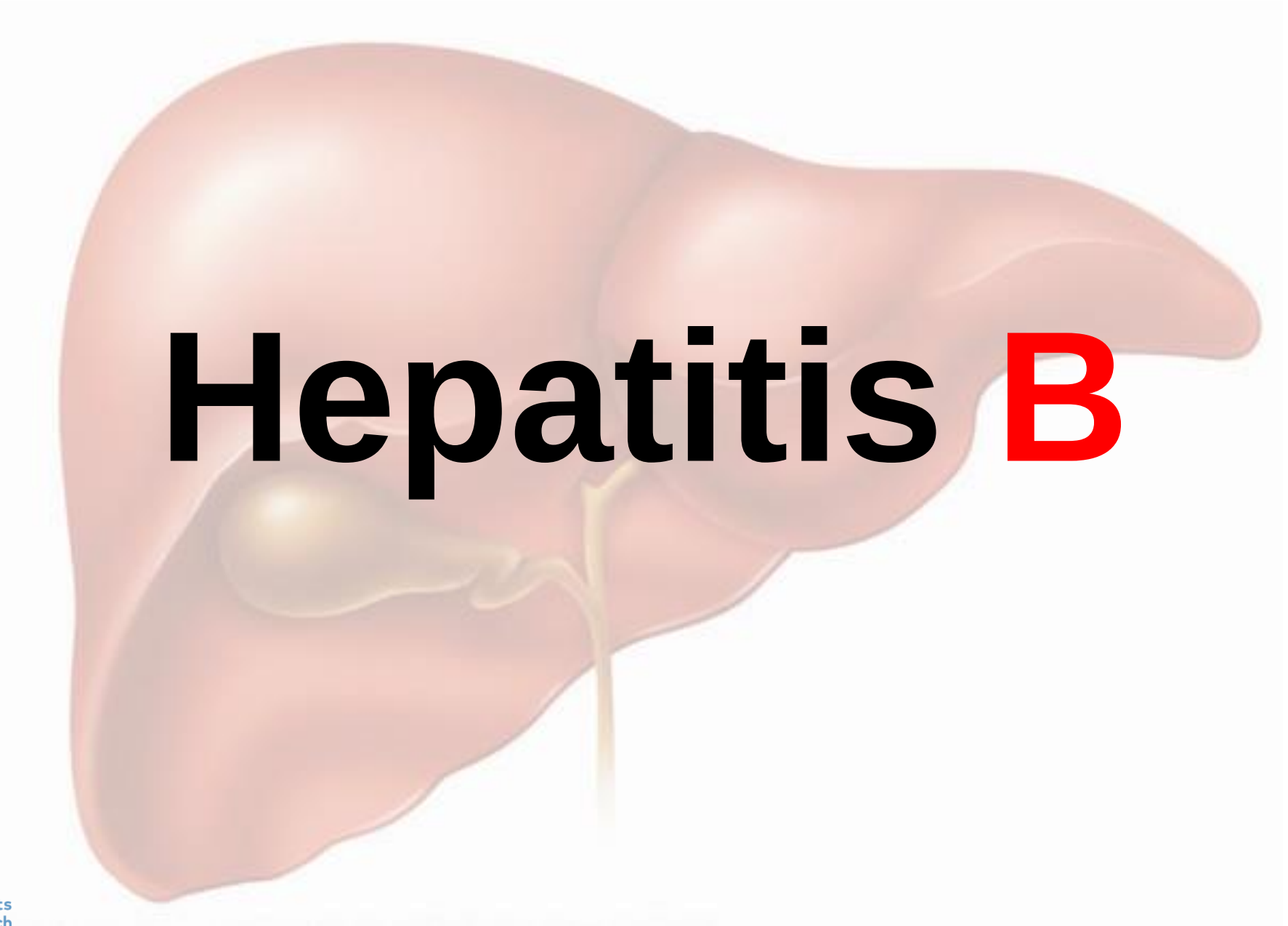


Both primary liver biopsy endpoints and the key secondary endpoint of LDL cholesterol lowering were met

Insgesamt gute Verträglichkeit, v.a. GI Nebenwirkungen (Übelkeit, Diarrhoe)
Etwas mehr Abbrüche (7.7%) bei 100 mg vs. 80 mg (2.8%) und Placebo (3.7%)



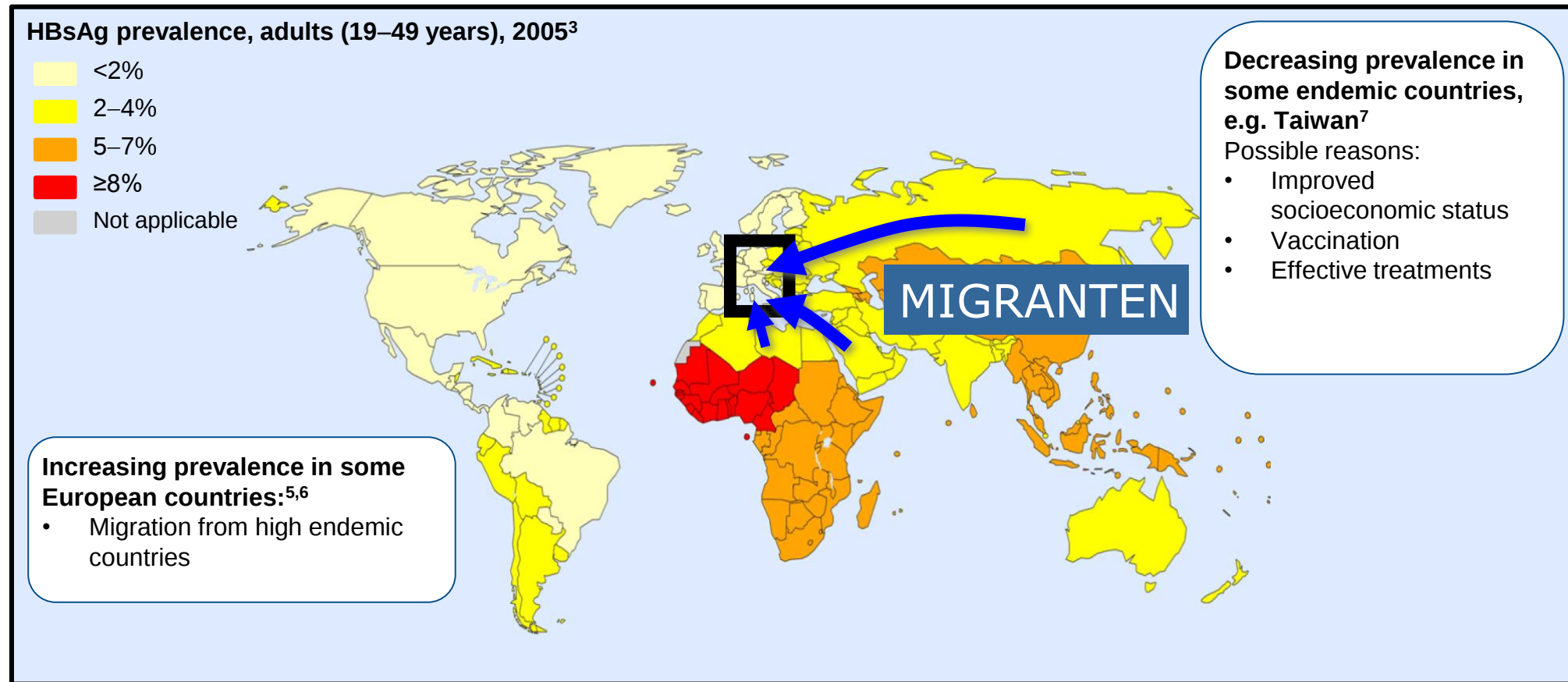
Virushepatitiden



Hepatitis **B**

Hepatitis B Virusinfektion – Prävalenz

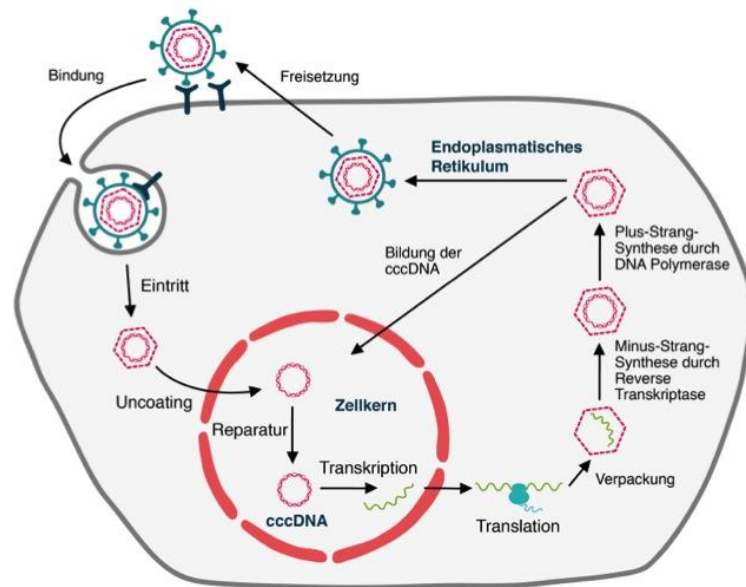
- Weltweit ca. 300 Millionen Träger -



Viruskontrolle versus Viruselimation

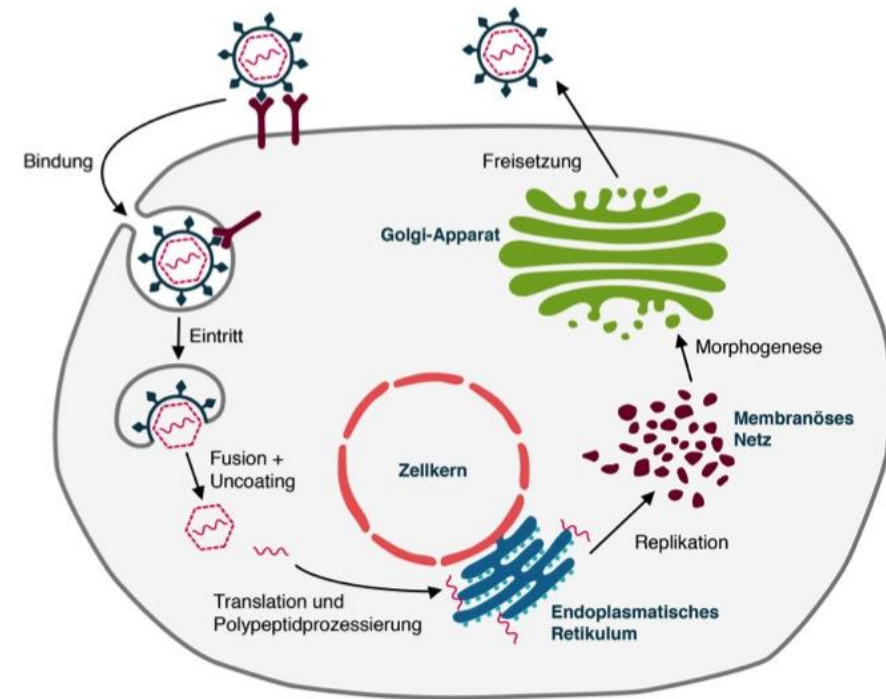
- HBV versus HCV -

Hepatitis B Virus¹



➔ Hepatitis B ist kontrollierbar, aber nicht heilbar, weil immer eine Virusabschrift im Zellkern abliegt

Hepatitis C Virus²

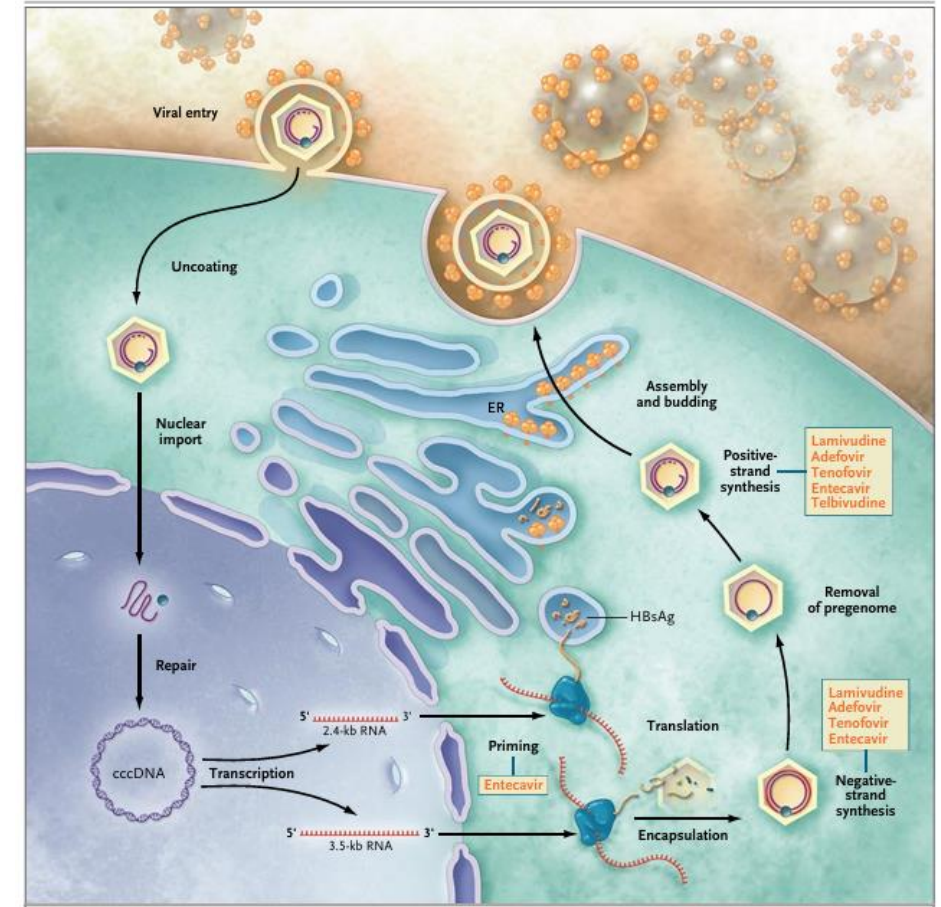


➔ Hepatitis C ist heilbar, weil der Zellkern nicht berührt wird

Viruskontrolle mittels Nukleos(t)id-Analoga

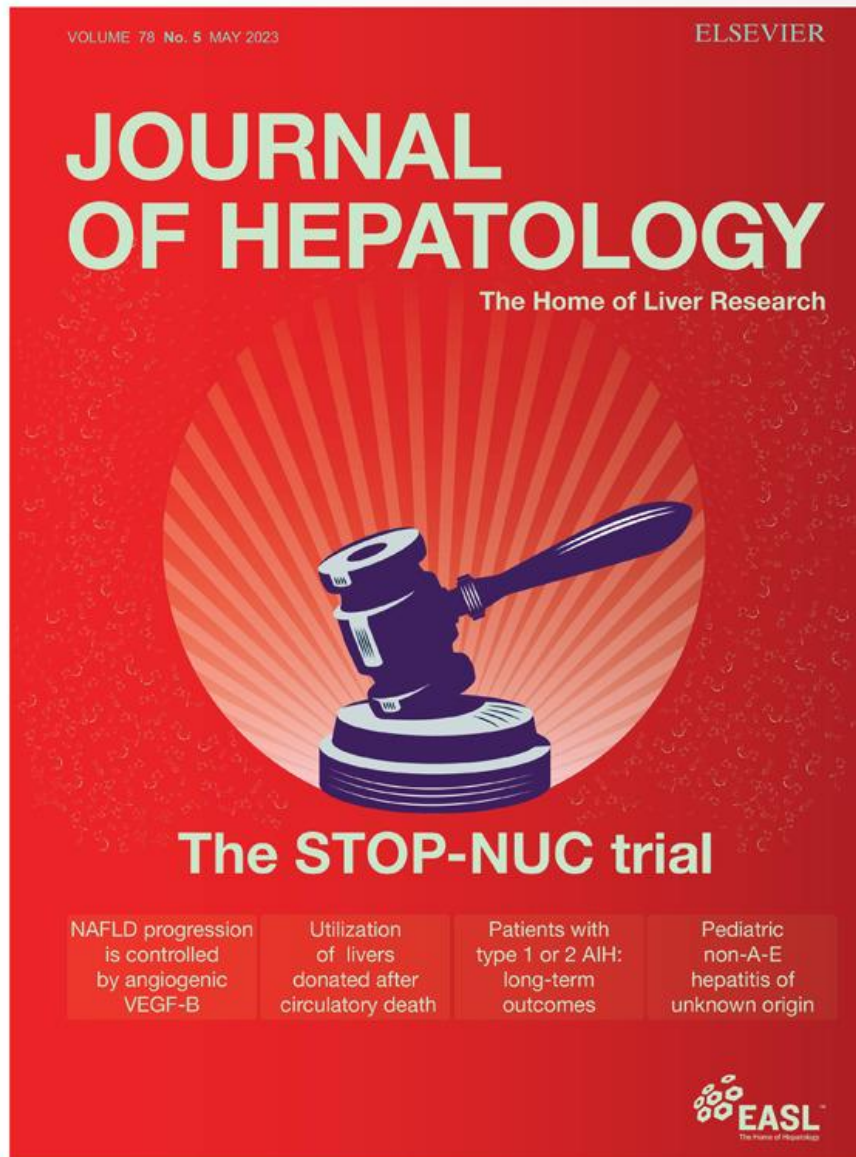
- Hohe Resistenzbarriere -

- Entecavir
- Tenofovir disoproxil fumarat
- Tenofovir alafenamid



STOPP-NUC

- Kann die Therapie mit NUCs beendet werden? -



25 Zentren in Deutschland

Screening von 11/2014 bis 01/2018

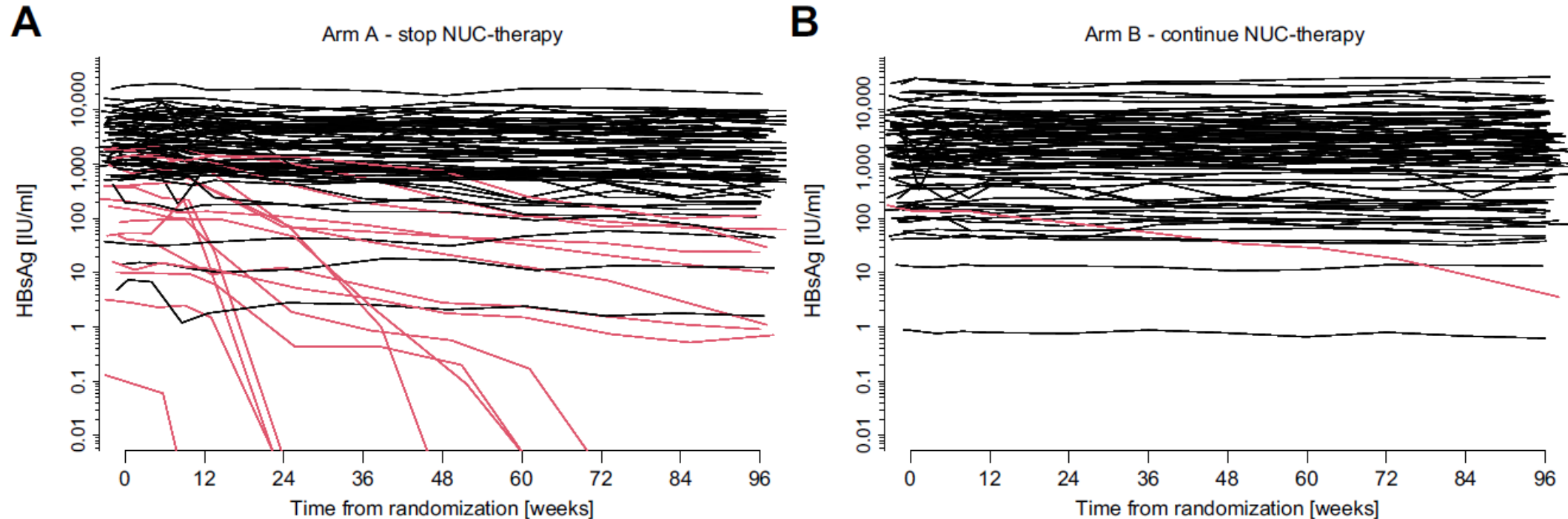
Einschluss von 166 Patienten

Extensive Inclusion/Exclusion Criteria

- HBeAg negative chronic hepatitis B (HBsAg positive)
- Continuous NUC therapy with adefovir dipivoxil (ADV), lamivudine (LMV), telbivudine (LdT), entecavir (ETV) or tenofovir disoproxil fumarate (TDF) for at least 4 years prior to screening.
- Documented **undetectable** HBV DNA level during treatment for at least 4 years prior to screening.
- **Undetectable** HBV DNA level at screening
- Normal serum ALT levels
- liver cirrhosis
- History of decompensated liver disease
- Advanced fibrosis – F3 and/or TE $\geq$ 10 kPa
- Evidence of hepatocellular carcinoma (HCC)
- HIV, HDV or HCV co-infection
- Immunosuppression
- HBV associated extra hepatic
- Significant alcohol consumption (> 30 g/day for women and > 50 g/day for men)
- Suspected lack of compliance

STOPP-NUC

- Kann die Therapie mit NUCs beendet werden? -



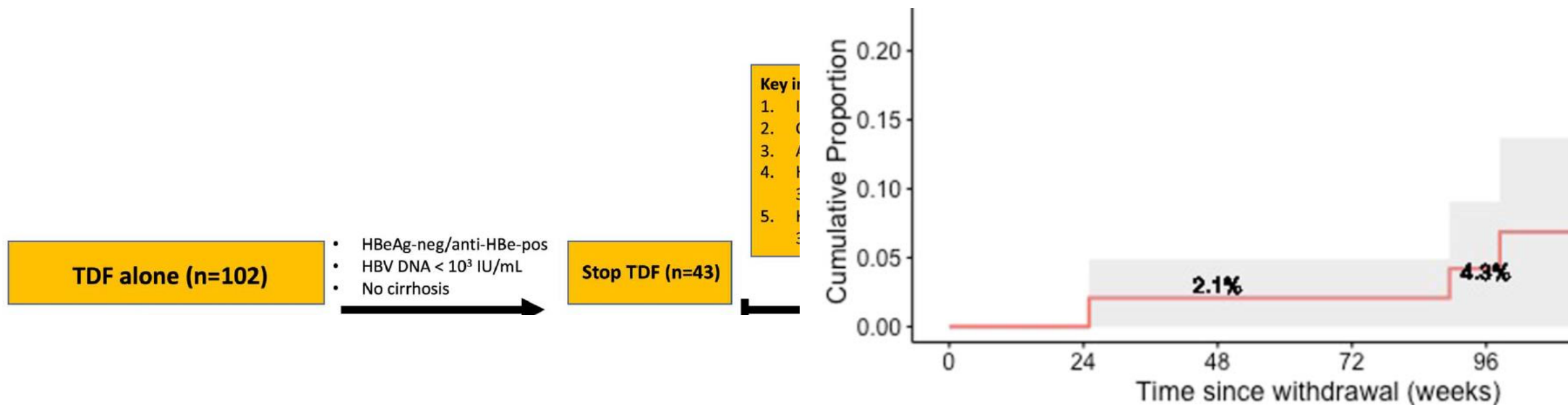
10% HBsAg-Verlust in 4 Jahren (bei HBsAg > 1000 IU/mL praktisch nicht!)
36% Flares, 14% Re-Therapie

STOPP-NUC

- Kann die Therapie mit NUCs beendet werden? -

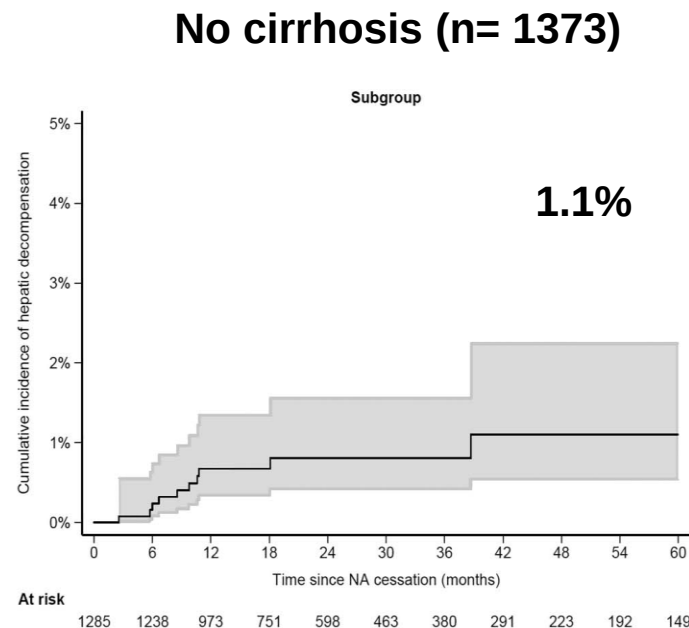
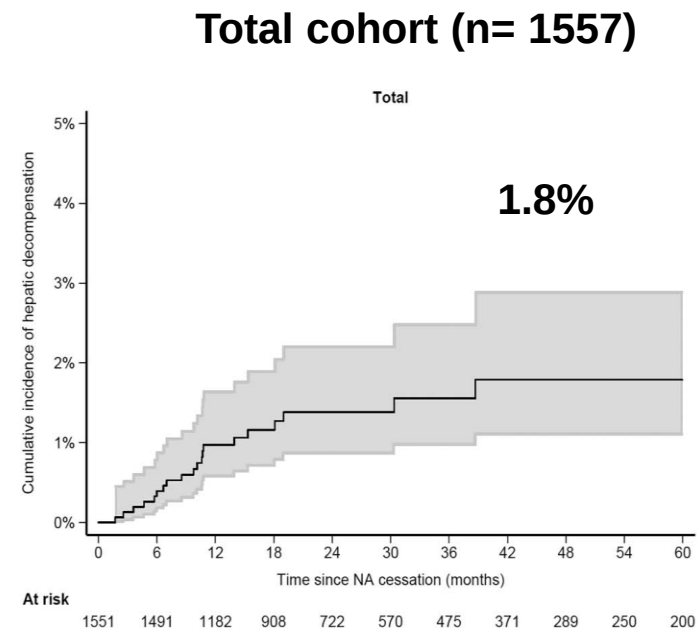
Withdrawal of Long-Term Nucleotide Analog Therapy in Chronic Hepatitis B: Outcomes From the Withdrawal Phase of the HBRN Immune Active Treatment Trial

Jordan J. Feld, MD, MPH^{1,2}, Abdus S. Wahed, PhD^{3,4}, Michael Fried, MD⁵, Marc G. Ghany, MD⁶, Adrian M. Di Bisceglie, MD⁷, Robert P. Perrillo, MD⁸, Mandana Khalili, MD⁹, Xue Yang, PhD³, Steven H. Belle, PhD^{3,4}, Harry L.A. Janssen, MD, PhD^{1,2}, Norah Terrault, MD¹⁰ and Anna S. Lok, MD¹¹ for the Hepatitis B Research Network (HBRN)



Hepatische Dekompensation nach Beendigung von NUCs

- Bili > 2 mg/dl, INR > 1.5, ascites, variceal bleeding, ascites



Incidence of Hepatic Decompensation After Nucleos(t)ide Analog Withdrawal: Results From a Large, International, Multiethnic Cohort of Patients With Chronic Hepatitis B (RETRACT-B Study)

Grishma Hirode, MSc^{1,2}, Bettina E. Hansen, PhD³, Chien-Hung Chen, MD⁴, Tung-Hung Su, MD, PhD⁵, Grace Wong, MD⁶, Wai-Kay Seto, MD⁷, Stijn Van Hees, PhD⁸, Margarita Papatheodoridi, MD, PhD⁹, Sylvia M. Brakenhoff, MD¹⁰, Sabela Lens, MD¹¹, Hannah S.J. Choi, PhD¹, Rong-Nan Chien, MD¹², Jordan J. Feld, MD, MPH^{1,2}, Xavier Forns, MD¹¹, Milan J. Sonneveld, MD, PhD¹⁰, George V. Papatheodoridis, MD, PhD⁹, Thomas Vanwolleghem, MD, PhD⁸, Man-Fung Yuen, MD, PhD⁷, Henry L.Y. Chan, MD¹³, Jia-Horng Kao, MD, PhD⁵, Yao-Chun Hsu, MD, PhD¹⁴, Markus Cornberg, MD¹⁵, Wen-Juei Jeng, MD¹² and Harry L.A. Janssen, MD, PhD¹⁰, on behalf of the RETRACT-B study group

Research article



JHEP|Reports

Serious adverse events after cessation of nucleos(t)ide analogues in individuals with chronic hepatitis B: A systematic review and meta-analysis

Authors

Cheng-Hao Tseng, Tzu-Haw Chen, Jia-Ling Wu, Teng-Yu Lee, John A. Borghi, Jaw-Town Lin, Mindie H. Nguyen, Yao-Chun Hsu

J Hep Reports 2023

- 65% Hepatitis Flares (Cave: „good flares“)
- 85% Re-Therapie, **35% verstorben**

Akutes Leberversagen nach Beendigung von NUCs

Case Report

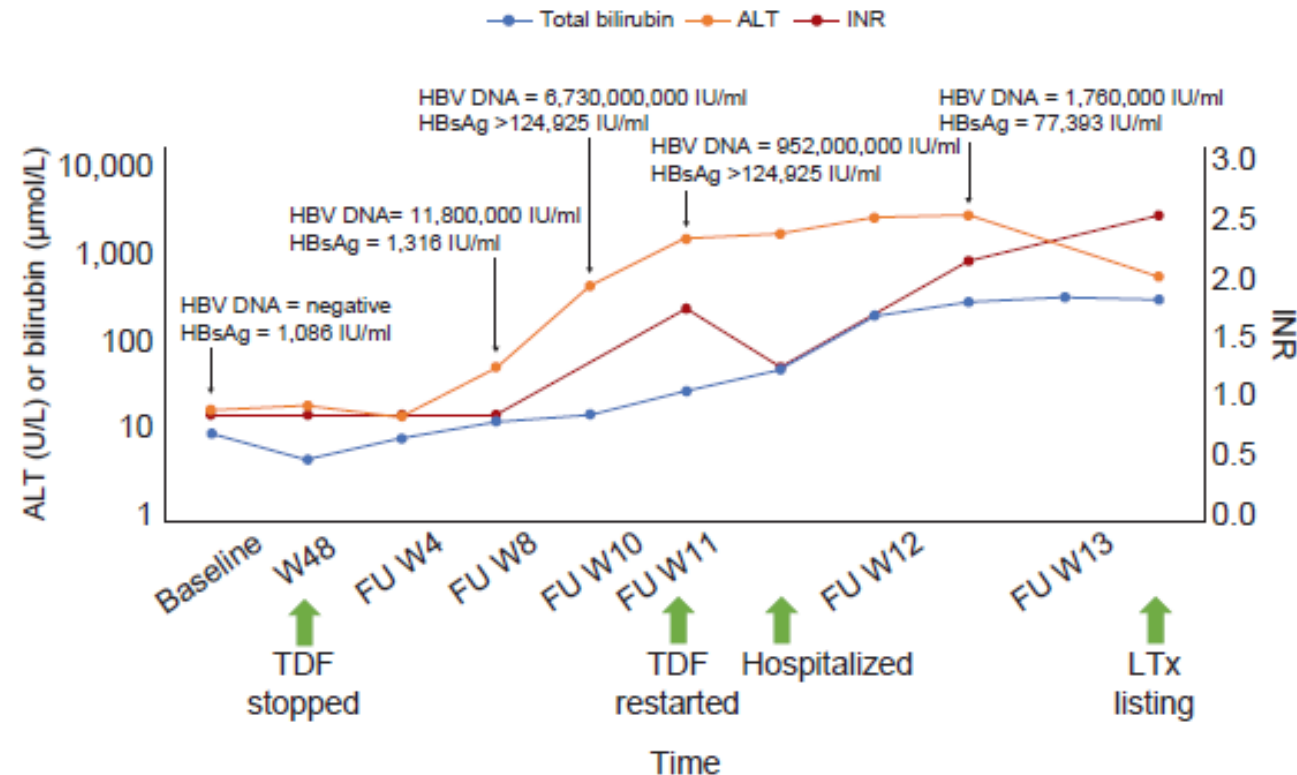


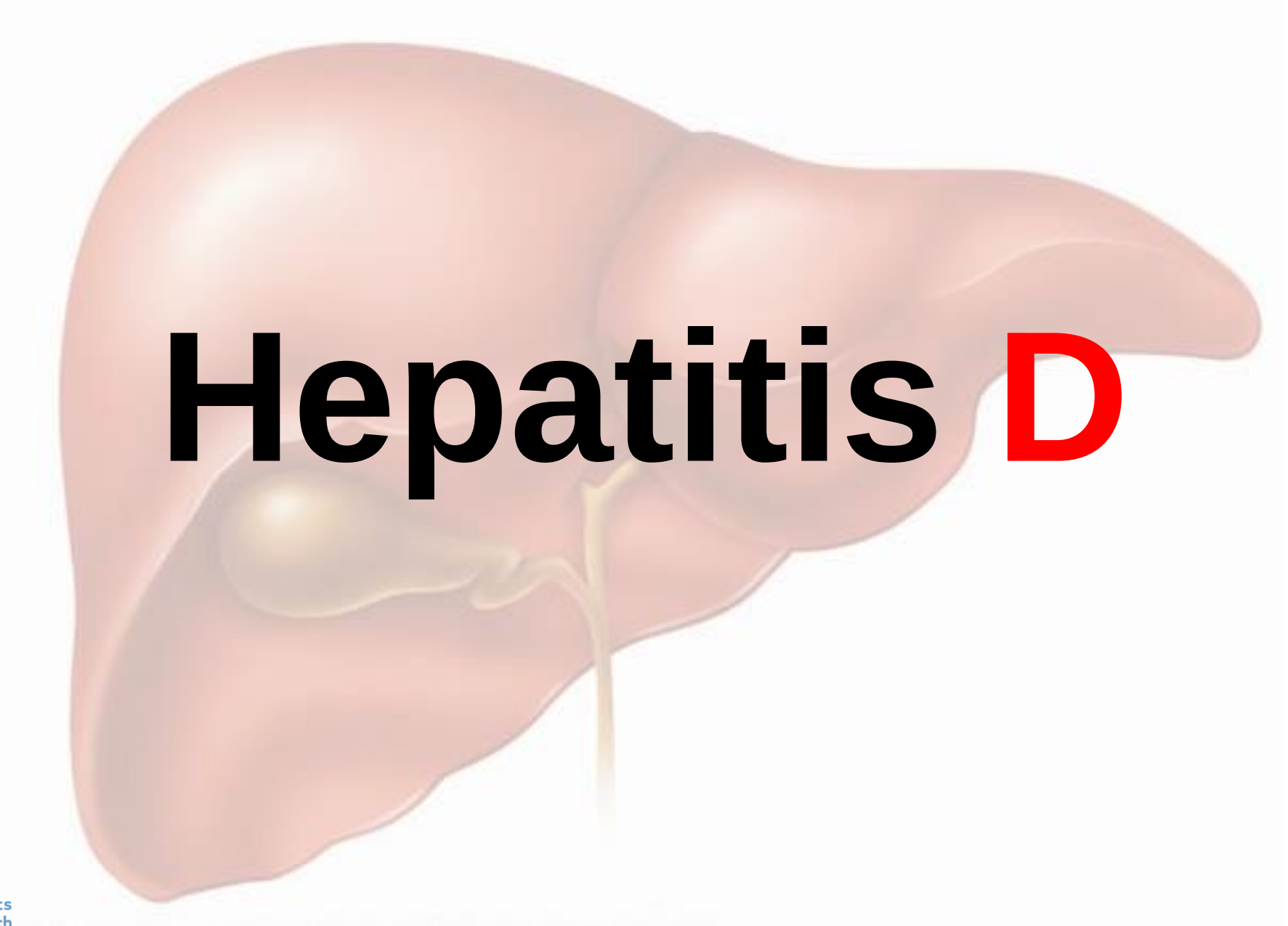
JOURNAL
OF HEPATOLOGY

A case of HBV-induced liver failure in the REEF-2 phase II trial: Implications for finite treatment strategies in HBV 'cure'

Kosh Agarwal^{1,*}, James Lok¹, Ivana Carey¹, Yatin Shivkar², Michael Biermer², Thomas Berg³,
Isabelle Lonjon-Domanec²

- Keine Zirrhose
- Keine HBV-DNA unter Tenofovir seit 2009
- HBsAg 652 IU/ml

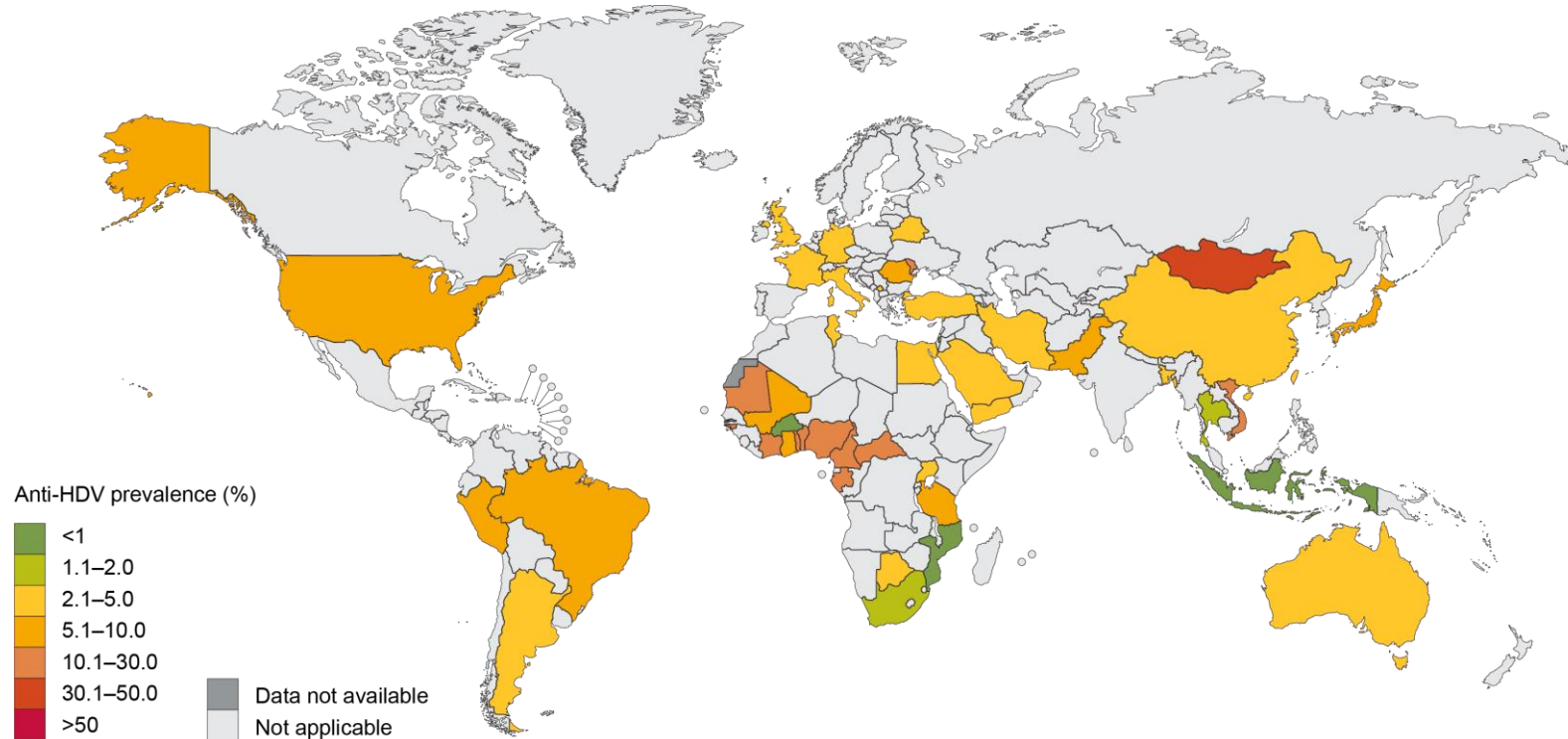




Hepatitis **D**

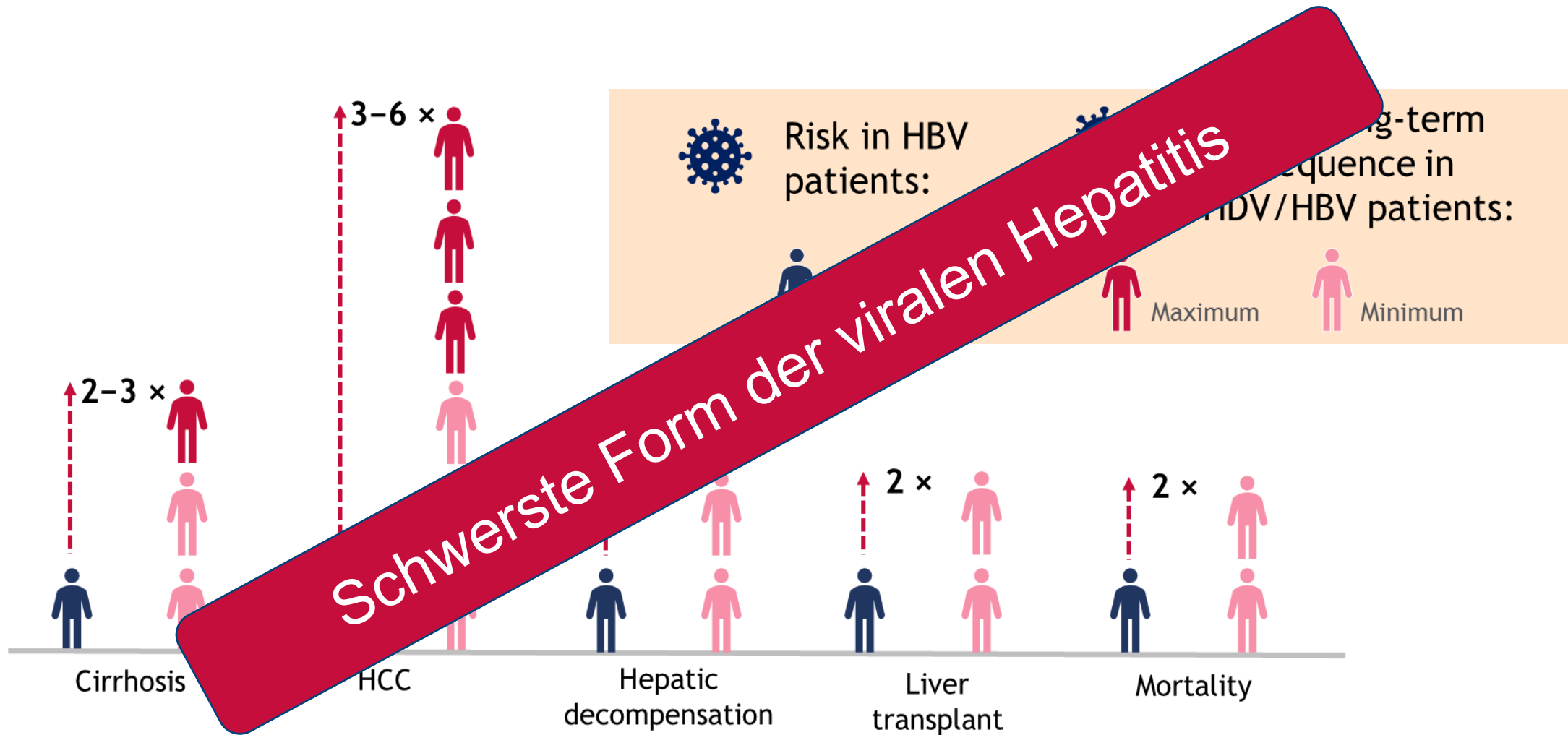
Hepatitis D Virusinfektion – Prävalenz

- Weltweit 12–60 Millionen Träger -

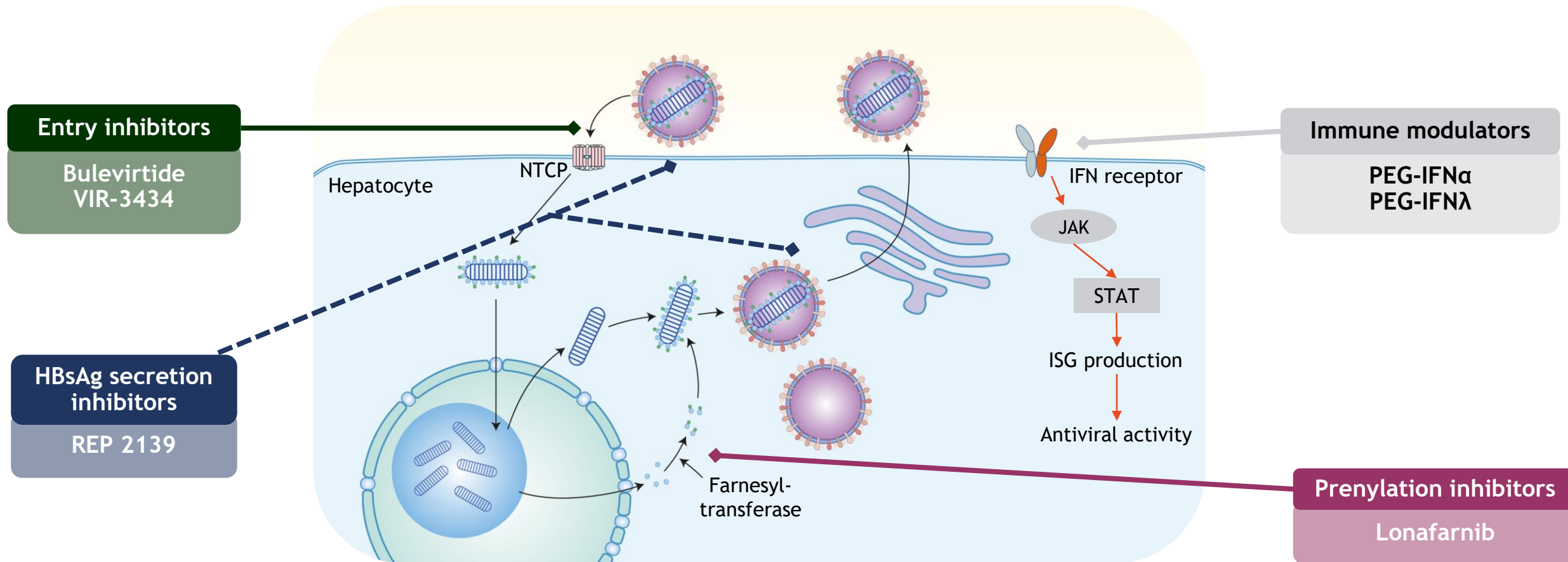


12-60 million people are estimated to have been exposed to HDV worldwide

Deutlich erhöhtes Risiko bei HBV-HDV-Coinfektion

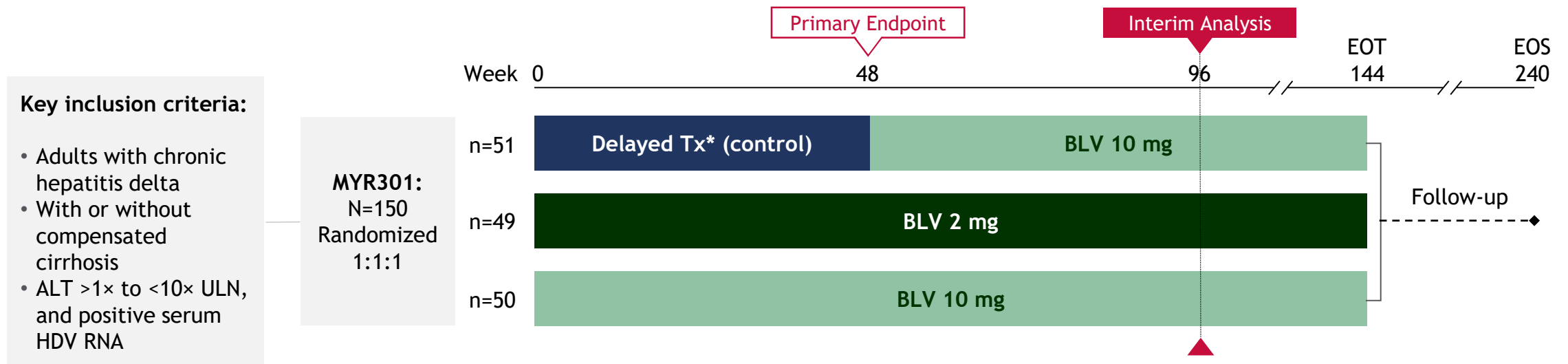


Therapeutische Ziele im HDV Replikationszyklus



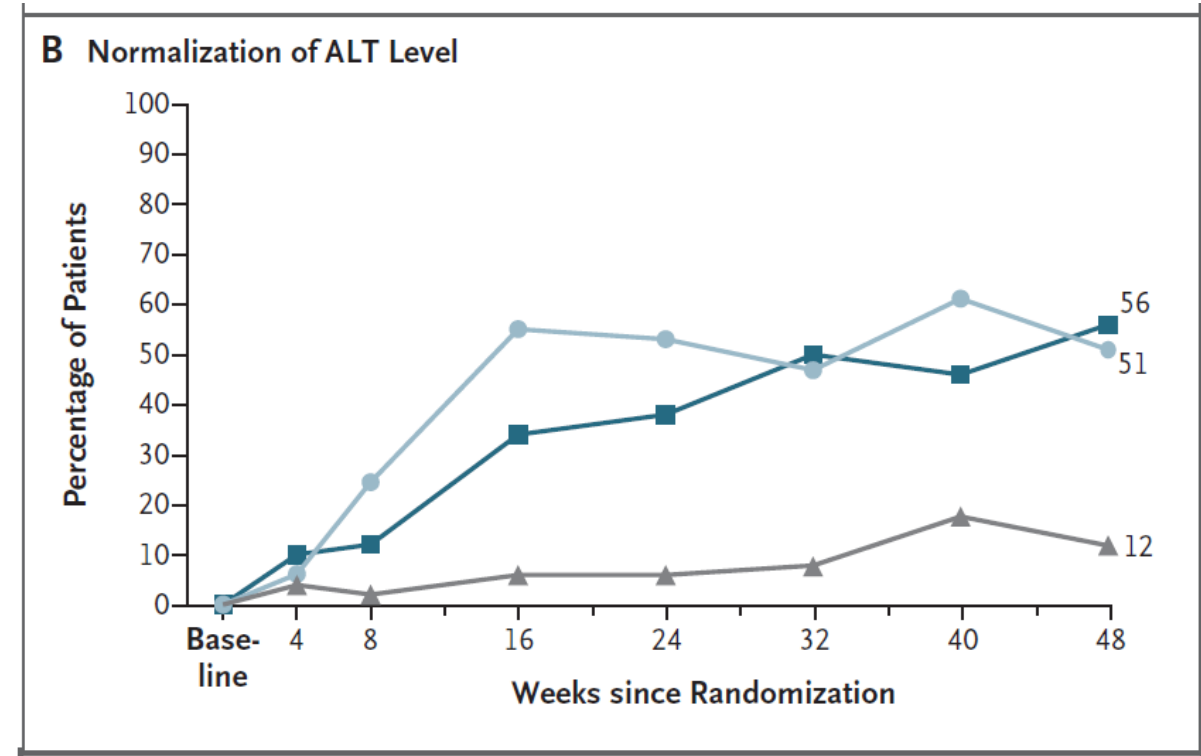
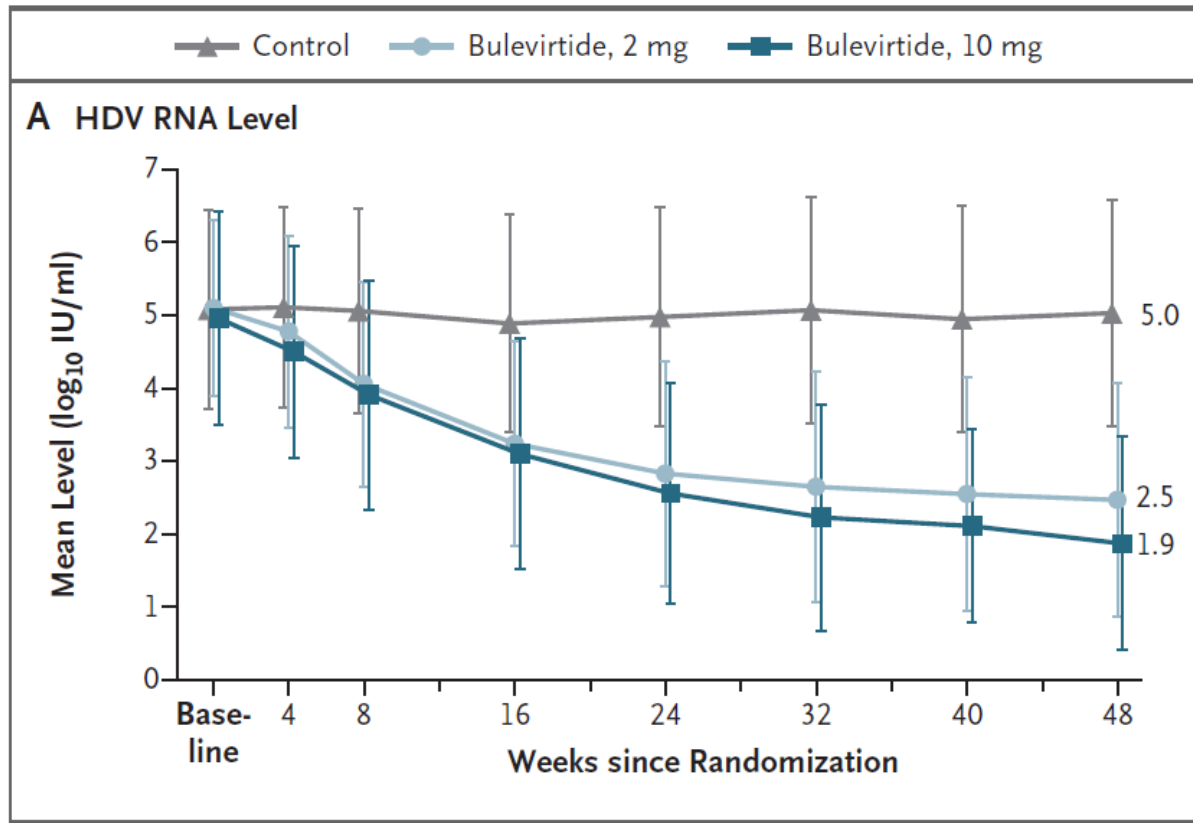
Bulevirtid Monotherapie – Phase III-Studie

Primary endpoint: HDV RNA undetectable or decrease by ≥ 2 log₁₀ IU/mL from baseline and ALT normalization



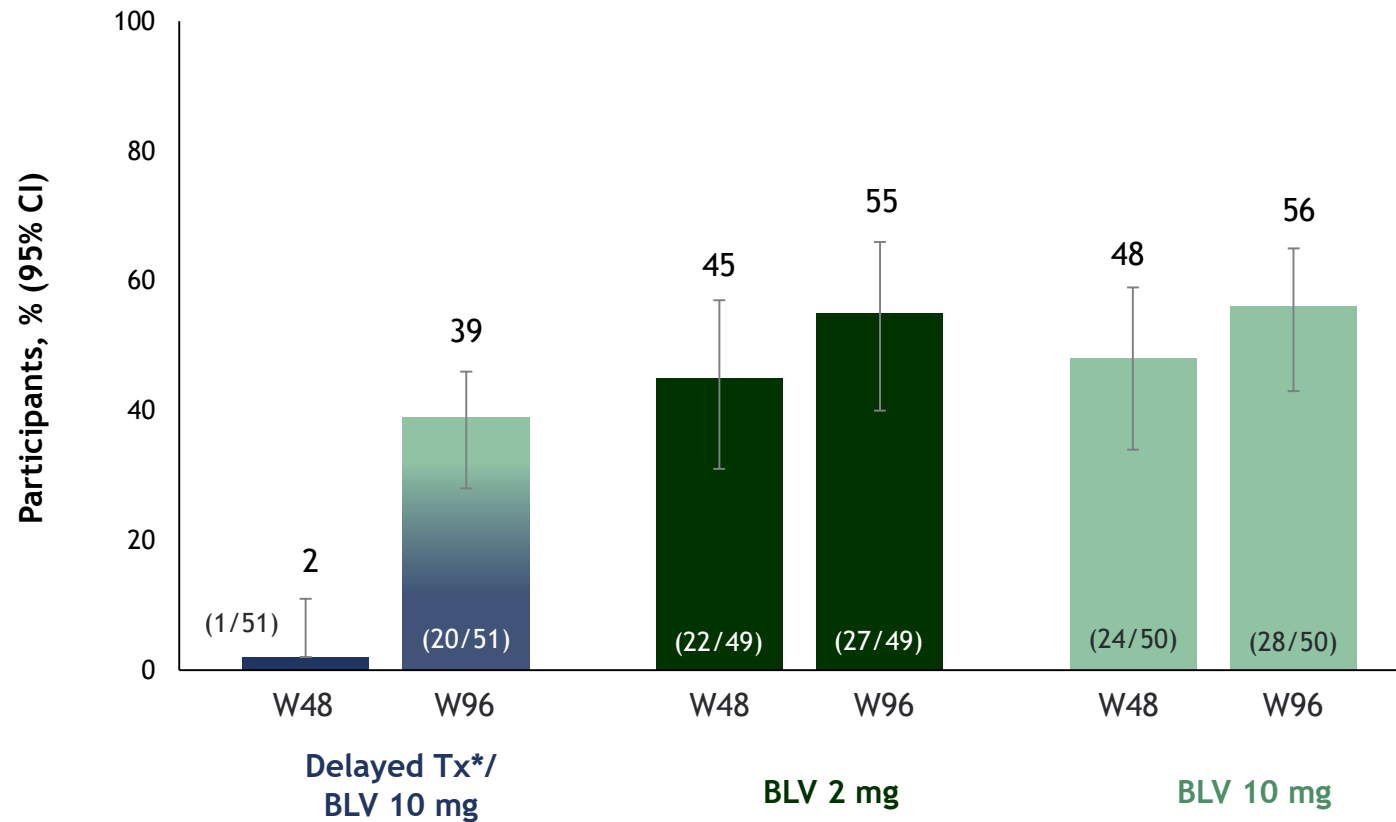
Multicenter, open-label, randomized, Phase 3 study

Bulevirtid Monotherapie – Ansprechen nach 48 Wochen



Bulevirtid Monotherapie – Ansprechen nach 96 Wochen

Primary endpoint: HDV RNA undetectable or decrease by ≥ 2 log₁₀ IU/mL from baseline and ALT normalization

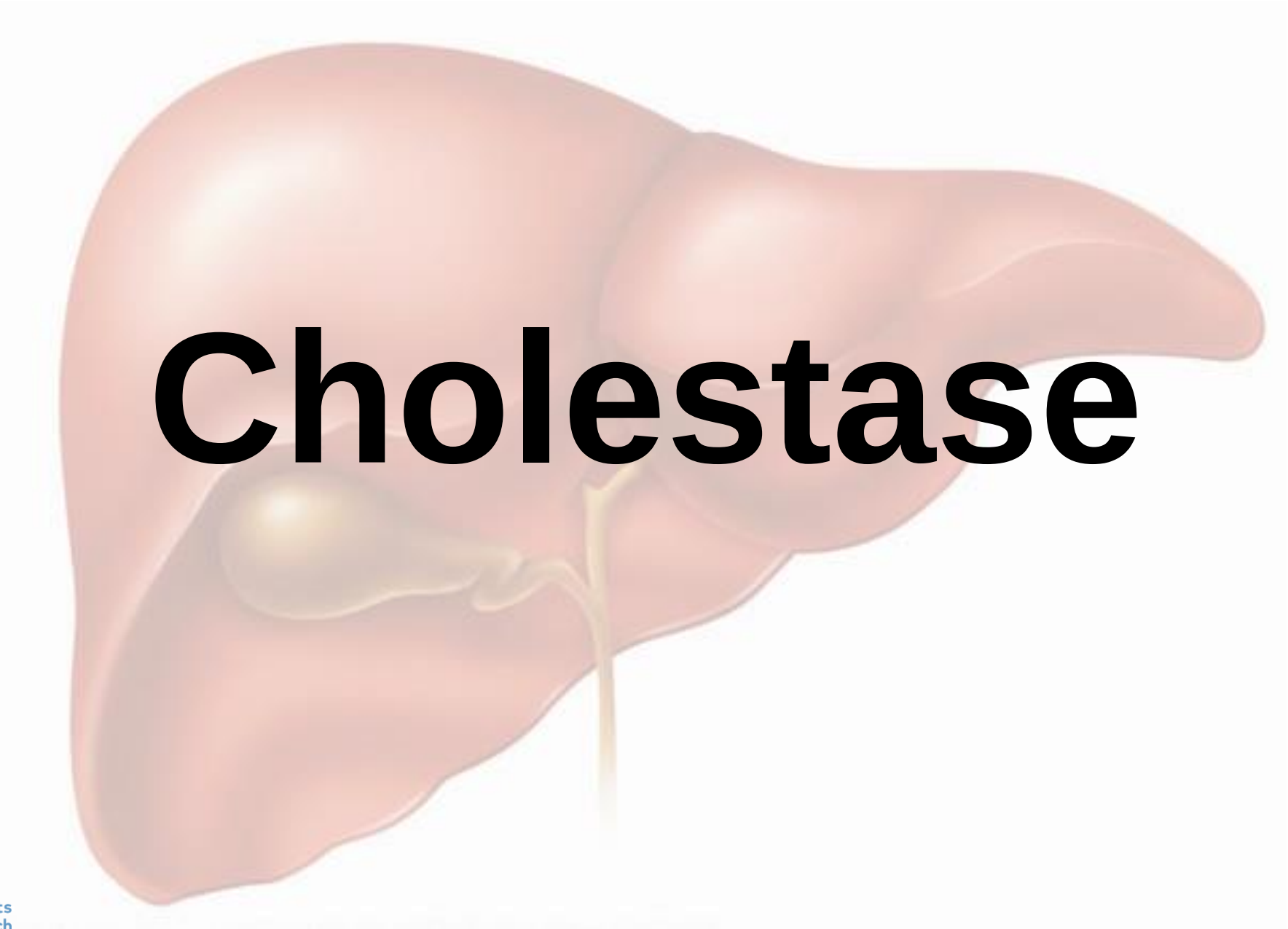


Bulevirtid Monotherapie – Sicherheitsprofil

n (%)	Delayed Tx*/BLV 10 mg n=51		BLV 2 mg n=49		BLV 10 mg n=50	
	Week 48	Week 48-96**	Week 48	Week 96	Week 48	Week 96
Any AE	39 (77)	42 (84)	41 (84)	47 (96)	44 (88)	48 (96)
Any AE related to BLV	0	22 (44)	24 (49)	25 (51)	36 (72)	36 (72)
Any SAE	1 (2)	2 (4)	2 (4)	2 (4)	1 (2)	4 (8)
Any SAE related to BLV	0	0	0	0	0	0
AE leading to withdrawal of BLV	0	0	0	0	0	0
Grade 3-4 AE	4 (8)	3 (6)	5 (10)	9 (18)	4 (8)	8 (16)
Death	0	1 (2) [†]	0	0	0	0
AEs of interest [‡]						
Headache	0	7 (14)	9 (18)	9 (18)	10 (20)	12 (24)
Dizziness	0	1 (2)	2 (4)	2 (4)	3 (6)	4 (8)
Nausea	2 (4)	1 (2)	3 (6)	3 (6)	4 (8)	6 (12)
Pruritis	0	0	6 (12)	6 (12)	8 (16)	9 (18)
Fatigue	1 (2)	2 (4)	5 (10)	7 (14)	7 (14)	9 (18)
ISR [¶]	0	3 (6)	9 (18)	10 (20)	15 (30)	15 (30)

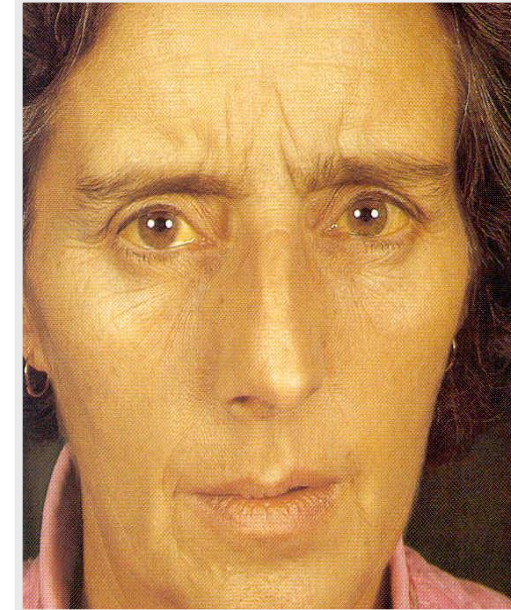
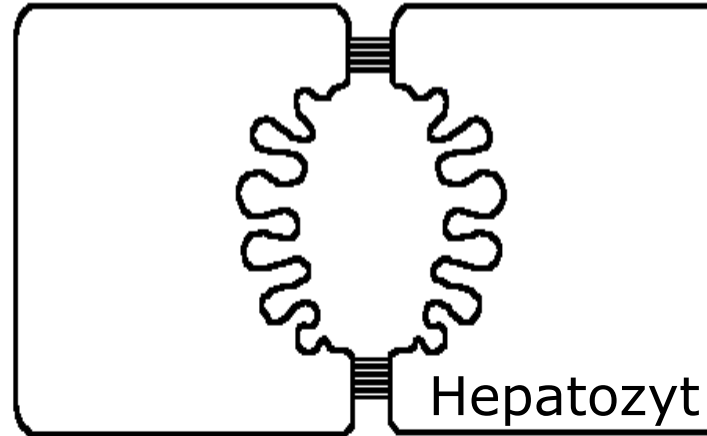
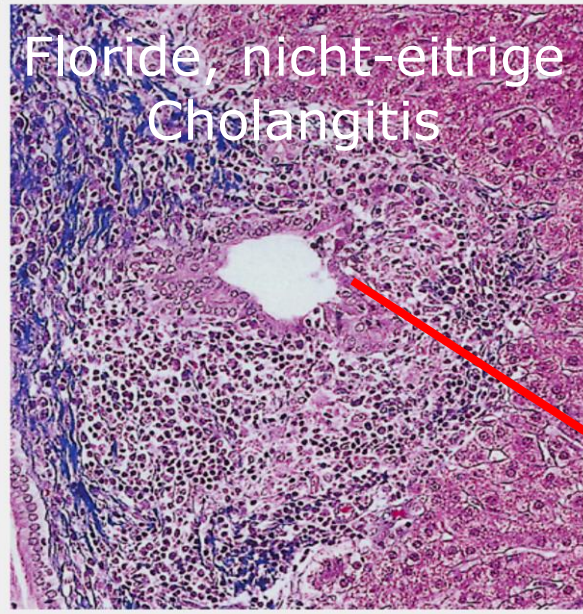
BLV was well-tolerated, with no BLV-related SAEs and no AEs leading to BLV discontinuation

Cholestase

An anatomical illustration of a human liver, showing its characteristic reddish-pink color and lobulated surface. The gallbladder is depicted as a pear-shaped sac nestled within the liver's folds, and the bile duct is shown as a thin, yellowish tube extending from the gallbladder. The word 'Cholestase' is superimposed in large, bold, black letters across the center of the liver.

Primär Biliäre Cholangitis

- Klinische Aspekte -



Sherlock and Summerfield 1979

Prävalenz (pro 100.000)	25 – 40
Geschlecht (w : m)	9 : 1
Manifestationsalter	40 – 60
Überleben (ohne Therapie)	7,5 – 16 Jahre
Cholestase	AP/ γ GT $\uparrow$
Auto-Antikörper	AMA (anti-PDC-E2) ANA (sp100, gp210)

Symptome

- Fatigue
- Pruritus
- Sicca-Syndrom
- Gelenkbeschwerden
- ...

Personalisiertes Therapiekonzept der PBC

Niedrigrisiko-Pfad

AP normalisiert
Bilirubin normalisiert
Keine Fibrose /
Risikofaktoren



UDCA lebenslang
Jährliche Kontrolle*

UDCA 13–15 mg/kg/Tag



nach 6 –12 Monaten

Ja

Biochemisches Ansprechen



Nein (20-40%)

Risikostratifizierung!

Hochrisiko-Pfad

AP > 1.5 ULN
Bilirubin > 1.0 ULN
Alter < 50. LJ
Höhergradige Fibrose / Zirrhose



Engmaschigere Kontrollen (3-6 Monate)
Leberbiopsie / Elastographie
Zweit-/Drittlinientherapie

Obetichol-
säure (OCA)

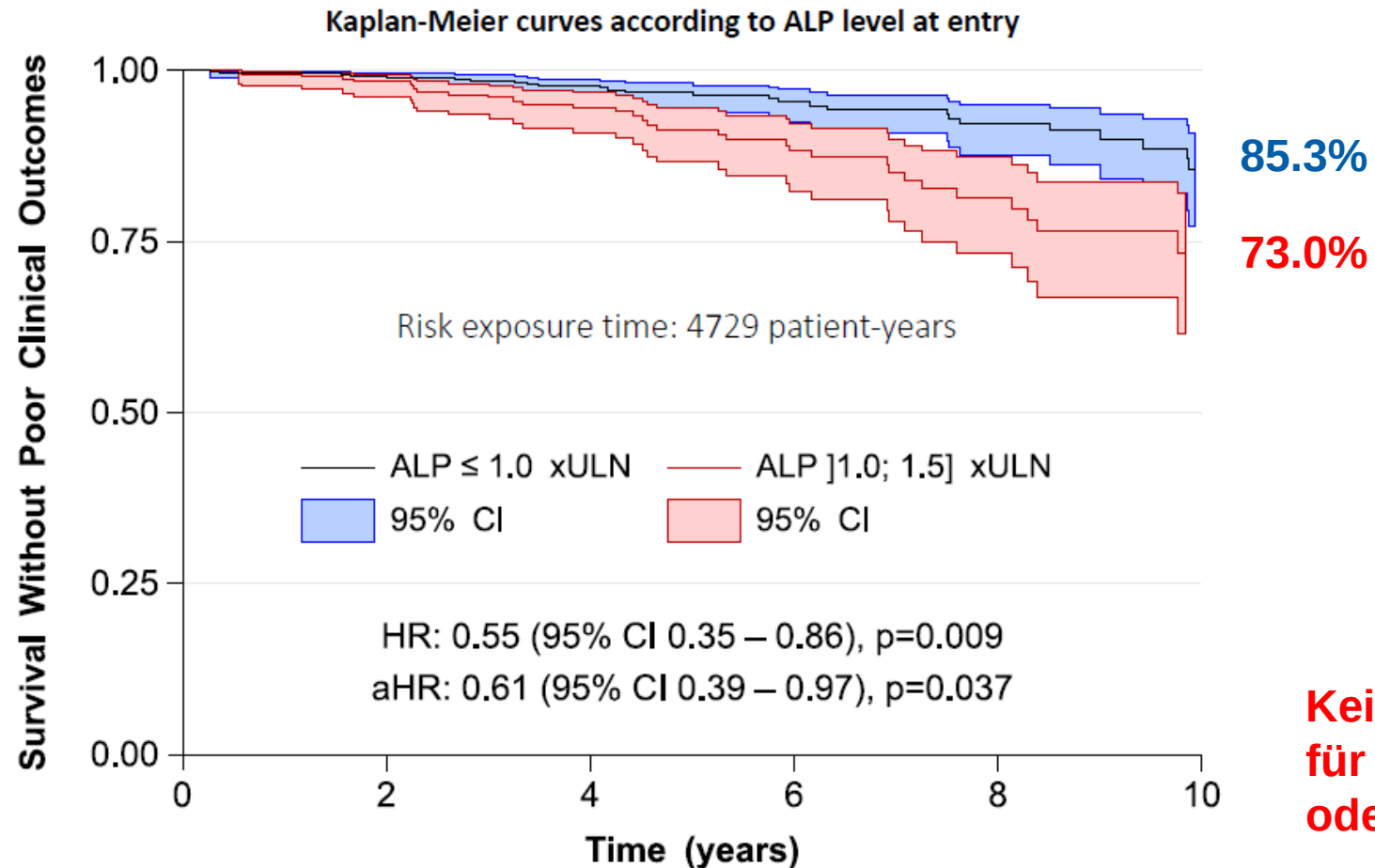
Bezafibrat
Fenofibrat

Klinische
Studien

* bei Gastroenterologen / Hepatologen

Überlebensvorteil bei Normalisierung der Leberwerte?

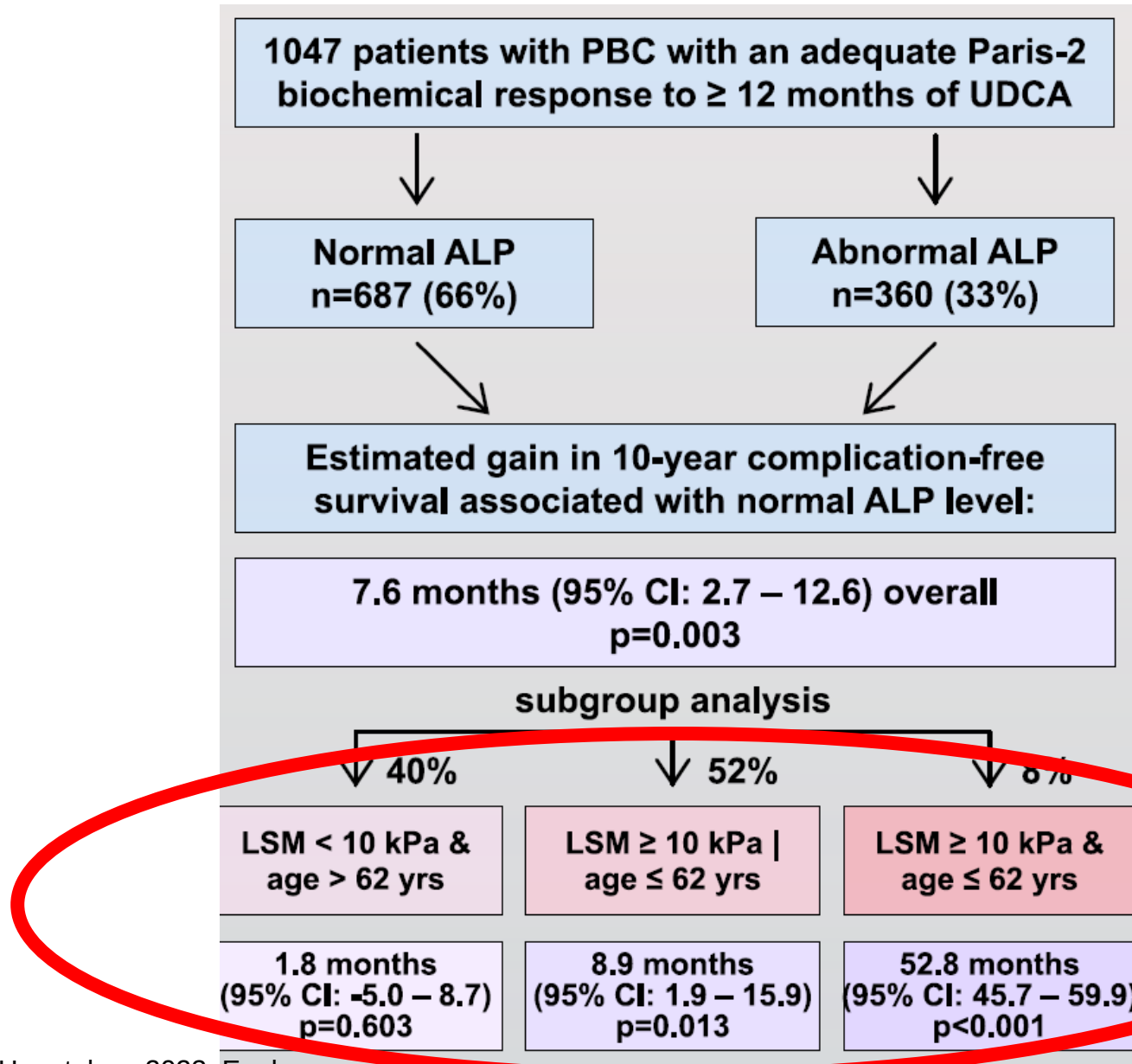
N=1047
mit gutem Ansprechen
auf UDCA (Paris II:
AP < 1.5, GOT < 1.5,
Bilirubin normal)



**Kein Vorteil
für Transaminasen
oder yGT < 1.0 ULN**

Number at risk							
ALP ≤ 1.0 xULN	687	536	312	190	116	54	
ALP]1.0; 1.5] xULN	360	276	176	103	56	22	

Überlebensvorteil bei Normalisierung der Alkalischen Phosphatase



**TE > 10 kPa
und/oder
Alter < 62 Jahre**

Obeticholsäure versus Bezafibrat bei PBC

- Ergebnisse der Phase III-Studien -

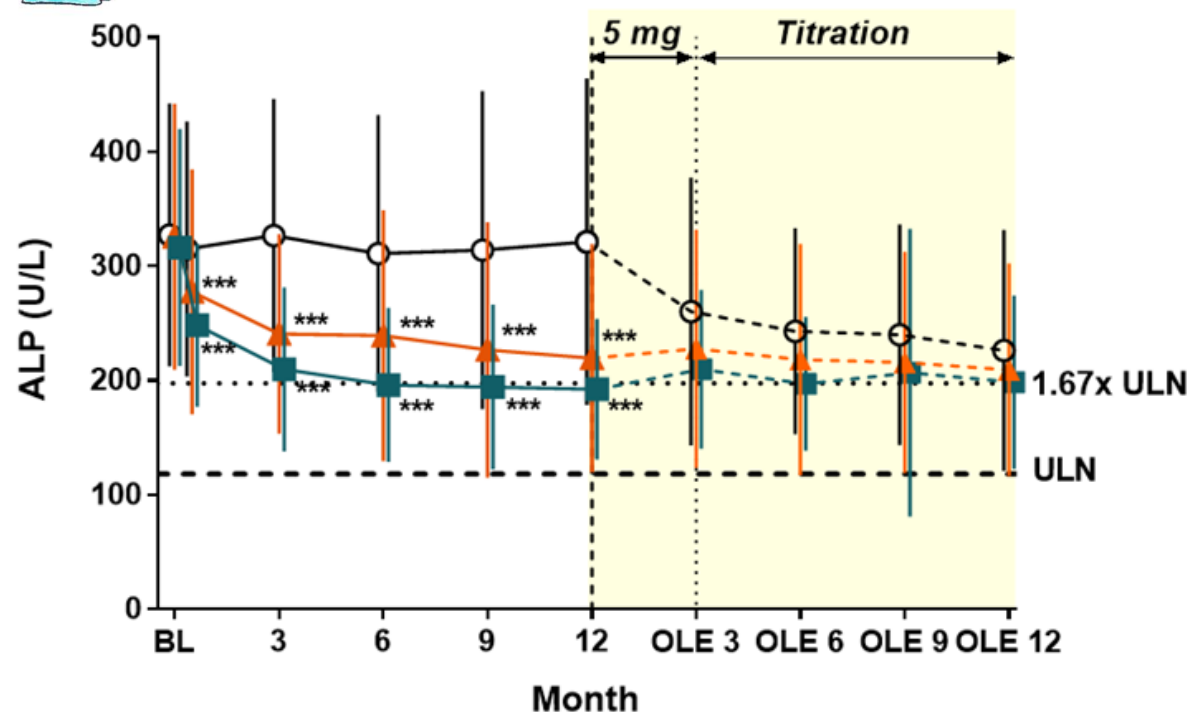


OCA

- Placebo ± UDCA
- ▲ OCA 5-10 mg ± UDCA
- OCA 10 mg ± UDCA

**Double-Blind Phase
Randomized Treatment**

**Open-Label Extension
All Receive OCA**



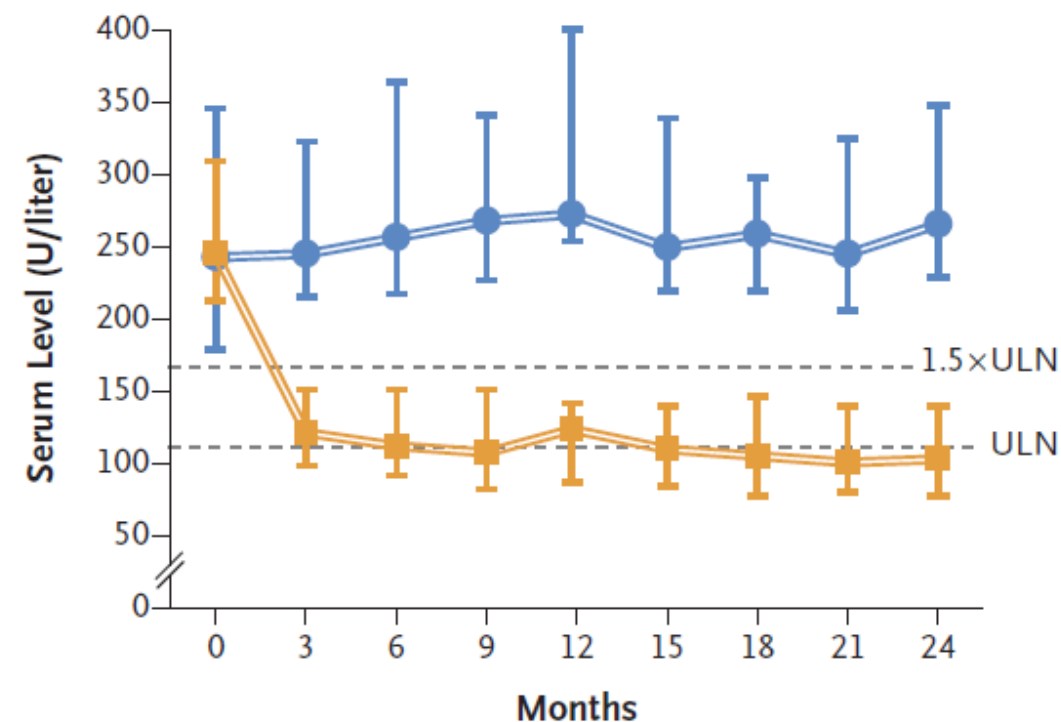
Nevens F et al. NEJM 2016; 375:7;

BEZA



A Alkaline Phosphatase

- Placebo
- Bezafibrate



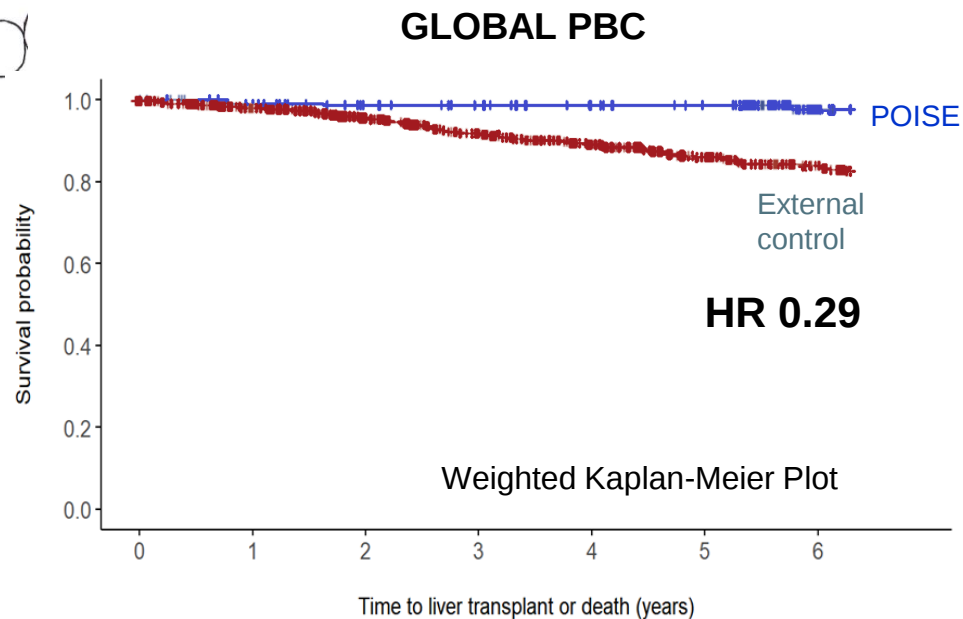
Corpechot C et al., NEJM 2018; 378: 2171;

Obeticholsäure versus Bezafibrat bei PBC

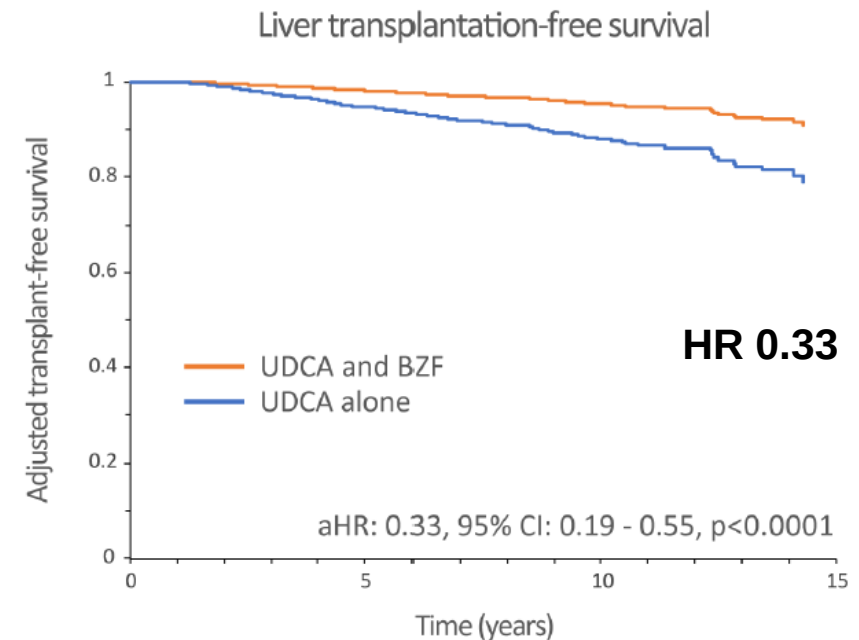
- Verbessertes Gesamtüberleben in Registeranalysen -



OCA



BEZA



Sicherheitsprofil:

Pruritus; Dekompensation bei Zirrhose; LDL

Hepatotoxizität, Myopathie, Nephrotoxizität

PPAR-Agonisten – Wirkmechanismus

Decrease Bile Acids

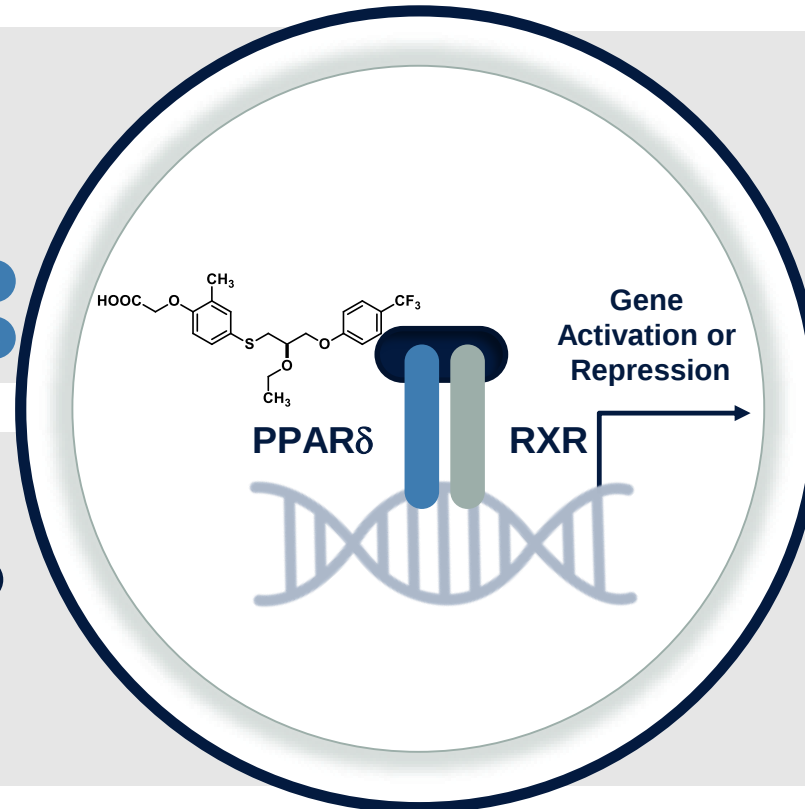
- ↓ Cholesterol synthesis
- ↓ Bile acid synthesis (C4)
- ↑ Transport

Hepatocyte
Cholangiocyte

Anti-Fibrotic

- ↓ Profibrotic genes
- ↓ Stellate cell activation
- ↓ Collagen synthesis/deposition

Stellate Cell



Anti-Inflammatory

- ↓ NFκB-dependent gene activation
- ↓ Inflammatory cytokines
- ↓ hs-C-Reactive Protein

Kupffer Cell
Macrophage

Increase Lipid Metabolism

- ↓ Cholesterol/LDL-C
- ↑ Fatty acid oxidation

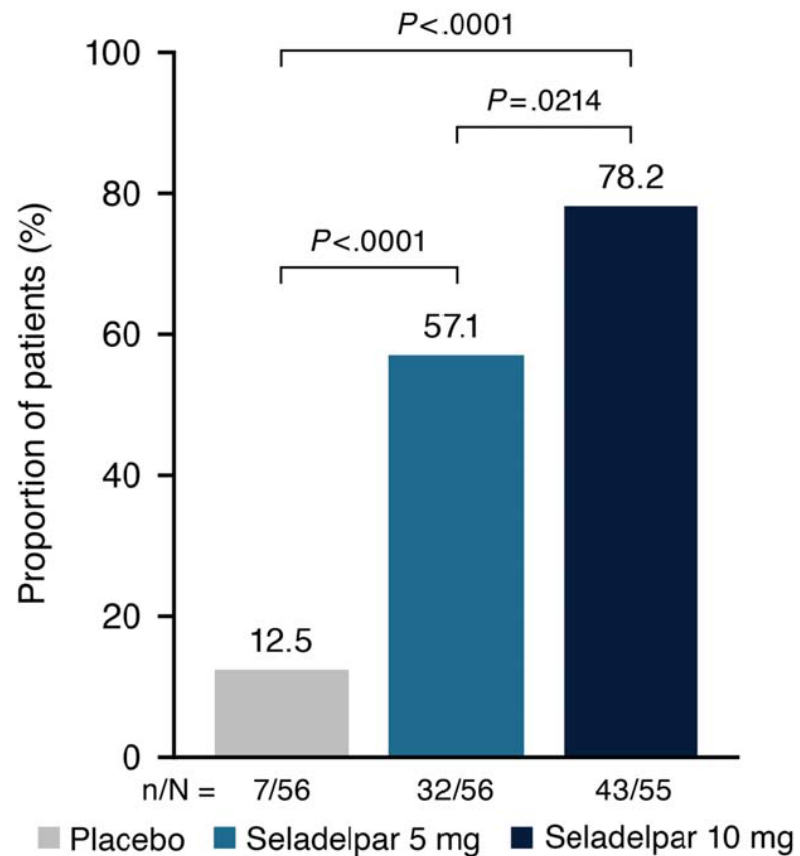
Hepatocyte
Myocyte
Adipocyte
Enterocyte

Regulates Genes That Control Pathways in Liver Health and Disease

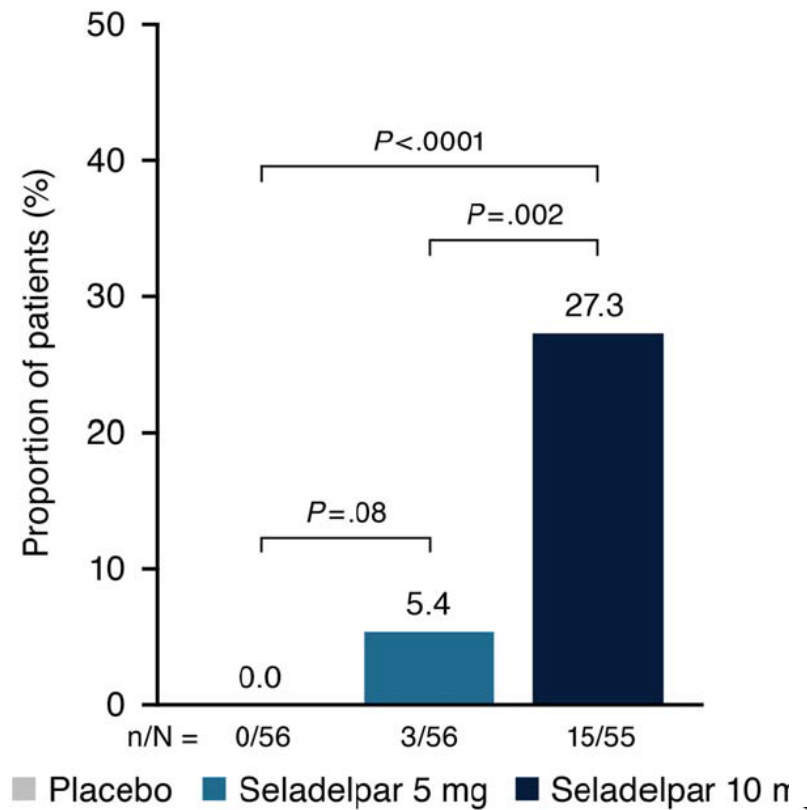
Neue PPAR-Agonisten: Seladelpar bei PBC

- Phase III-Studie (N=265; Placebo vs. 5 mg vs. 10 mg) -

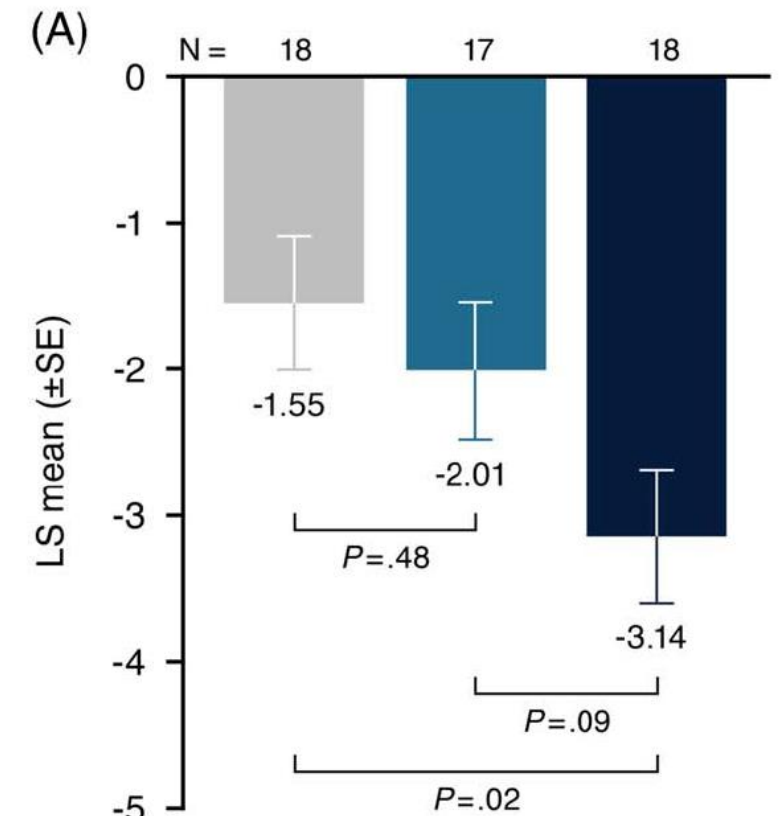
Composite Endpoint:
AP < 1.67, AP-Abfall > 15%, Bilirubin < 1.0



AP-Normalisierung



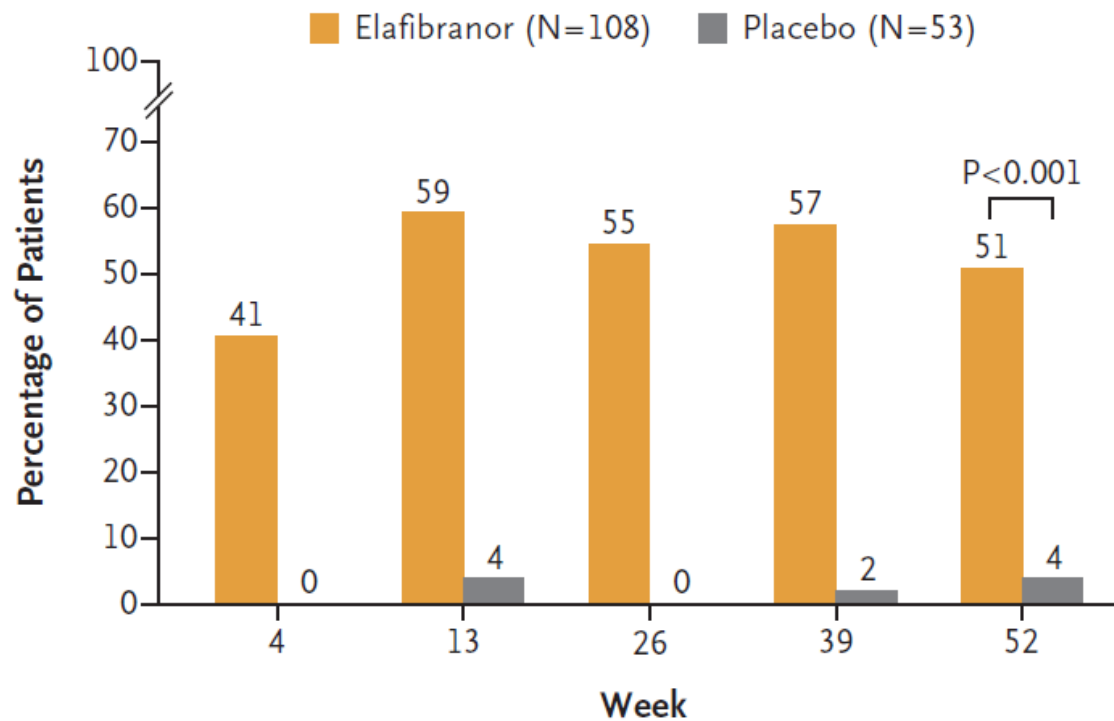
Pruritus-Verbesserung



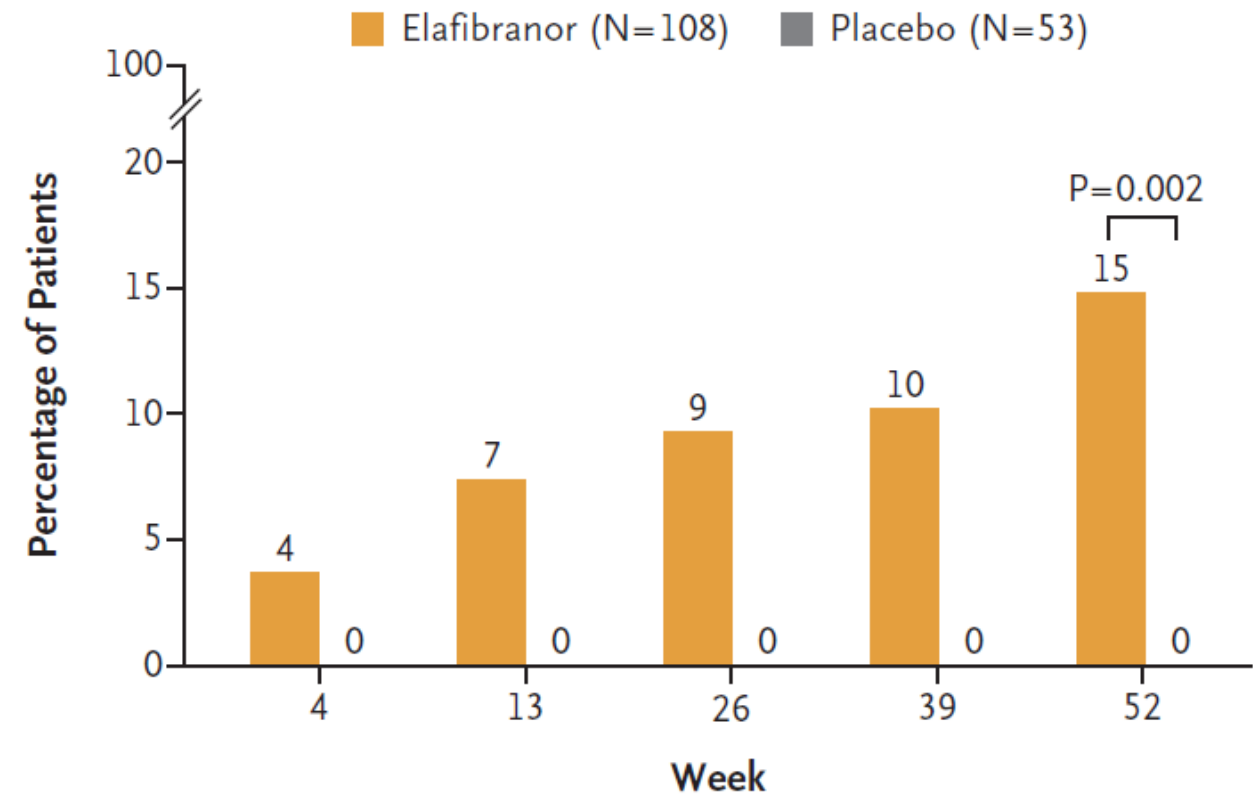
Neue PPAR-Agonisten: Elafibranor bei PBC

- Phase III-Studie (N=161; Placebo vs. 80 mg) -

Composite Endpoint:
AP < 1.67, AP-Abfall > 15%, Bilirubin < 1.0



AP-Normalisierung

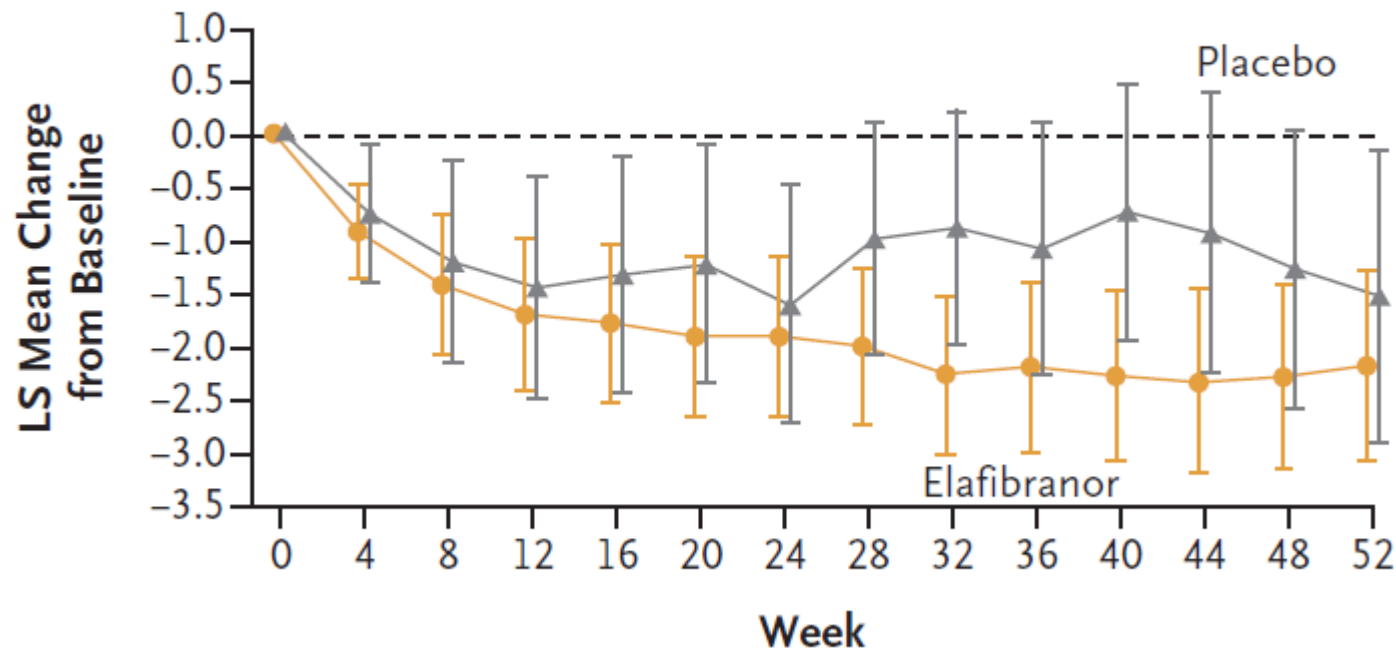


Neue PPAR-Agonisten: Seladelpar bei PBC

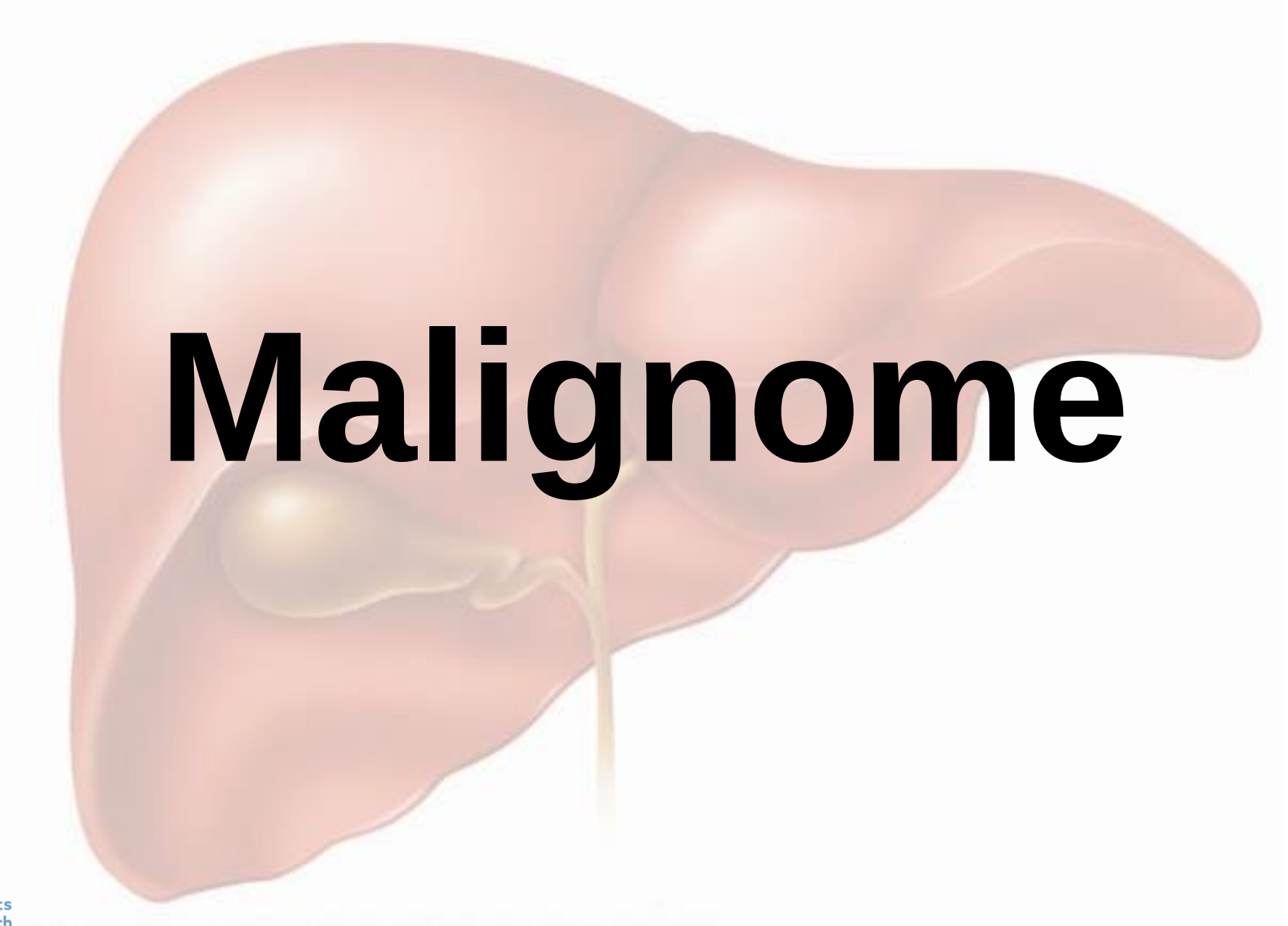
- Phase III-Studie (N=161; Placebo vs. 80 mg) -

Pruritusverbesserung

C Change in Score on the Worst Itch Numeric Rating Scale (WI-NRS)

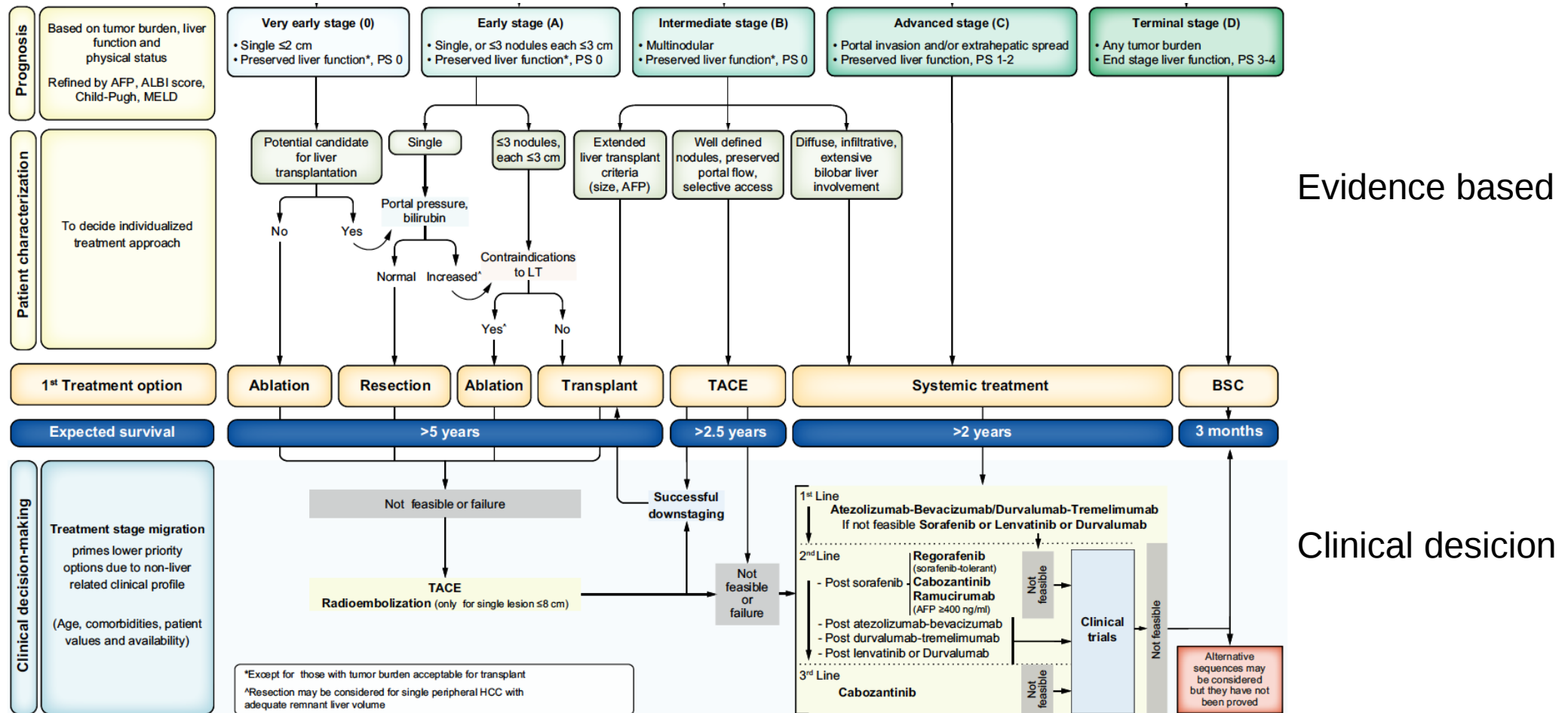


Sig. Verbesserung
- 5D-Itch und
- PBC-40

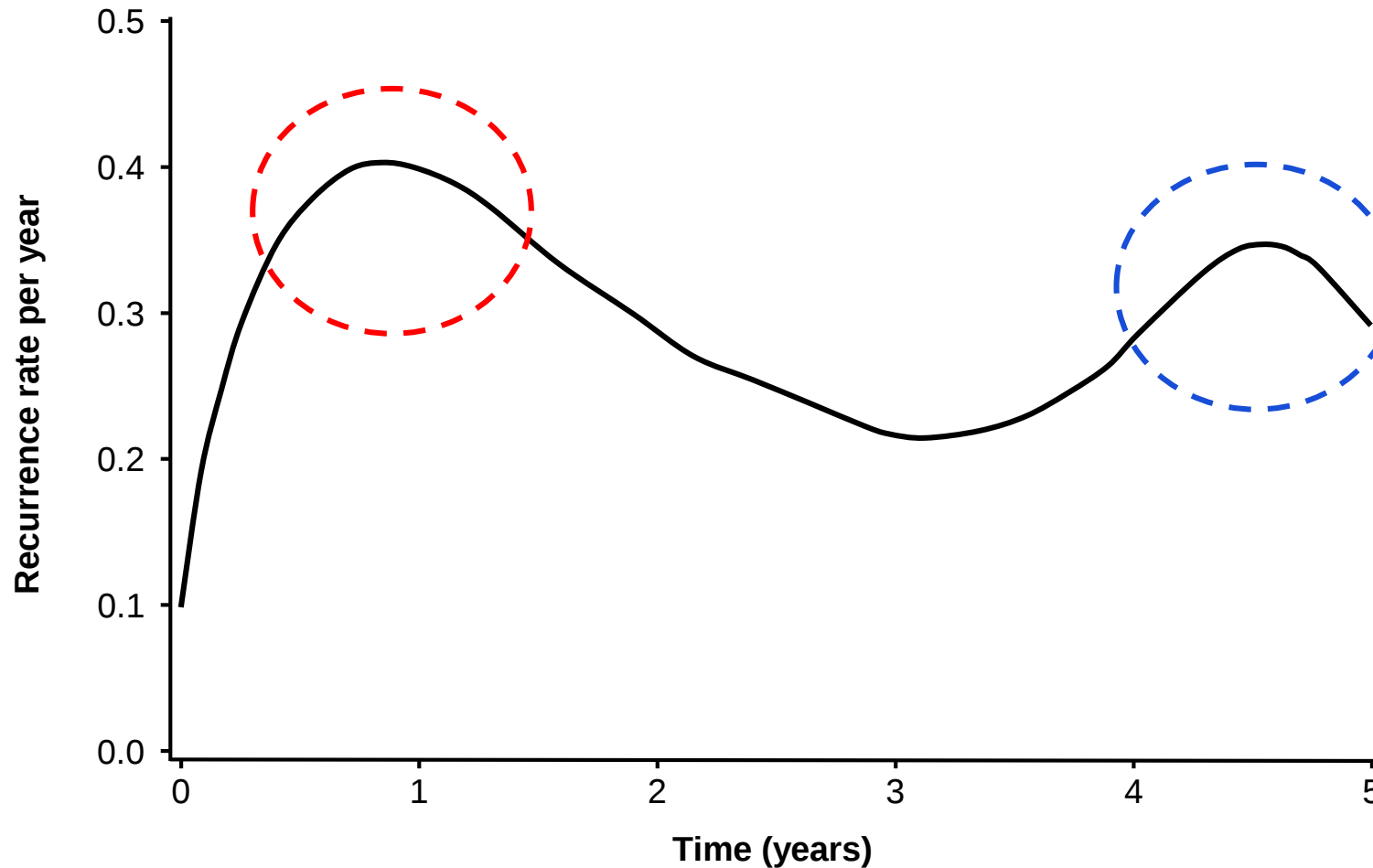


Malignome

Barcelona Clinic Liver Cancer Algorithmus



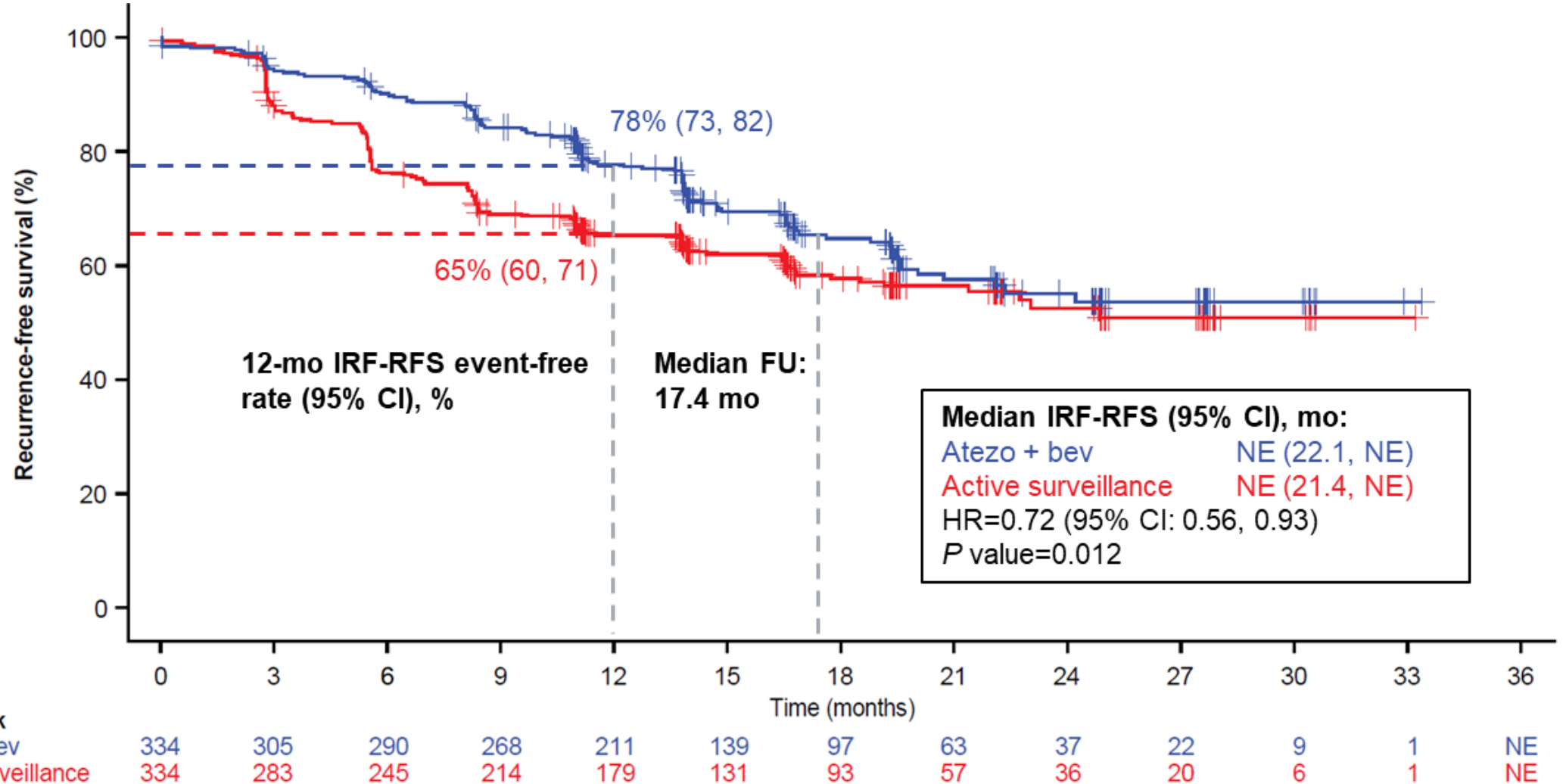
Bimodale Rekurrenz nach HCC-Resektion



- Recurrence rate after resection peaks at around **1 year**, then gradually decreases over the next 2 years.¹ Current consensus is that these recurrences are from **micro-metastases**
- A second lower postoperative recurrence peak occurs at **4-5 years**¹
- The second peak is currently understood to be due to **de novo tumors** associated with underlying liver disease²

Imbrave050: Atezolizumab+Bevacizumab verbessert Rezidivfreiheit

- Phase III Studie (N=688; Resektion /Ablation; high-risk; 1 Jahr Therapie) -



Vielen Dank!



Universität
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